

# REBOUND INTERNATIONAL!

★ ★ THE WORLD-WIDE TRAMPOLINE & TUMBLING JOURNAL ★ ★

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# ATTENTION!

## TRAMPOLINISTS & TUMBLERS

UNITED STATES TRAMPOLINE & TUMBLING ASSOCIATION



IF YOU'RE A TRAMPOLINIST, TUMBLER...OR ACROBAT OF ANY SORTS YOU SHOULD BE A MEMBER OF THE 'UNITED STATES TRAMPOLINE & TUMBLING ASSOCIATION! ANNUAL MEMBERSHIP DUES OF \$2.00 ENTITLES YOU TO THE MONTHLY U.S.T.A. NEWLETTER..... ELIGIBILITY FOR ALL U.S.T.A. TRAMPOLINE & TUMBLING COMPETITIONS, PARTICIPATION IN LOCAL AND NATIONAL CLINICS, AND A HOST OF OTHER FINE OPPORTUNITIES!

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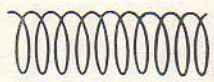
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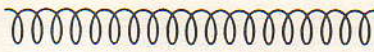


AMATEUR ATHLETIC UNION OF THE UNITED STATES

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**---THEY'LL JOIN & SUPPORT YOU!**



# REBOUND



# INTERNATIONAL!

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# REBOUND

## INTERNATIONAL<sup>©</sup>

# OUR EDITORIAL POLICY!!

DEAR TRAMPOLINE AND TUMBLING FRIENDS ALL OVER THE WORLD!

IT IS, INDEED, A REAL PLEASURE FOR ME TO WELCOME YOU TO OUR NEW WORLD-WIDE TRAMPOLINE AND TUMBLING MAGAZINE ENTITLED "REBOUND-INTERNATIONAL." PLEASE ACCEPT THIS, AND THE NEXT TWO ISSUES FREE OF CHARGE WITH OUR COMPLIMENTS.

PLANS AT PRESENT ARE TO EDIT AND ISSUE EIGHT EDITIONS OF THIS NEW MAGAZINE DURING OUR FIRST YEAR OF OPERATION. WE SINCERELY HOPE THAT YOU WILL JOIN US EVERY SIX WEEKS AS A REGULAR SUBSCRIBER AFTER HAVING RECEIVED THE FIRST THREE COMPLIMENTARY ISSUES.

AS I AM SURE YOU CAN IMAGINE, IT IS NO EASY JOB TO BEGIN THE PUBLICATION OF A WORLD-WIDE MAGAZINE. THE NEED, HOWEVER, FOR SUCH AN ORGAN OF COMMUNICATION COVERING THE SPORT OF TRAMPOLINE & TUMBLING HAS BEEN LONG OVERDUE! TRAMPOLINE AND TUMBLING HAVE GROWN WITH 'LEAPS AND BOUNDS' DURING THE PAST FEW YEARS, AND NOW THAT THE SPORT IS NO LONGER A PART OF 'GYMNASTICS' IN THE UNITED STATES, IT IS DEVELOPING EVEN FASTER ON ITS OWN TWO FEET.

OUR 'EDITORIAL POLICY' IS QUITE SIMPLE AND QUITE BASIC! WE HOPE TO PRODUCE A MAGAZINE THAT IS BOTH INFORMATIVE AND ENTERTAINING. IN ORDER TO PRODUCE SUCH A MAGAZINE, THE FOLLOWING GUIDELINES HAVE BEEN ESTABLISHED:

1. THE MAGAZINE WILL TRY TO COVER AND REPORT THE MAJOR NEWS ITEMS CONCERNING TRAMPOLINE & TUMBLING THROUGHOUT THE WORLD. IT WILL COVER MAJOR COMPETITIONS AND REPORT THE RESULTS. IT WILL DISCUSS AND REPORT 'DEVELOPMENTAL TRAMPOLINE AND TUMBLING PROGRAMS' AS THEY ARE INITIATED IN DIFFERENT PARTS OF THE WORLD.
2. OUR MAGAZINE WILL SERVE AS A FORUM FOR DISCUSSION AND DEBATE ON 'CONTROVERSIAL' SUBJECTS THAT ARE VOICED BY DIFFERENT AUTHORITIES THROUGHOUT THE WORLD. ALTHOUGH, THE MAGAZINE GLADLY WELCOMES...AND WILL PUBLISH 'CONTROVERSIAL' ARTICLES DONE IN GOOD TASTE.....THE MAGAZINE ITSELF, SHOULD NOT BECOME A SUBJECT OF CONTROVERSY.
3. THE MAGAZINE WILL USE 'PHOTOGRAPHS' WHENEVER POSSIBLE (AS A 'PICTURE' IS WORTH A THOUSAND WORDS) AND WILL PERIODICALLY PROVIDE 'PERSONALITY PORTRAITS' OF LEADING FIGURES THROUGHOUT THE WORLD WHO ARE ACTIVELY INVOLVED IN THE SPORT.
4. LASTLY.....BUT NOT LEAST, THE MAGAZINE SHOULD PROVIDE ITS SHARE OF HUMOR. ONE LAUGH IS WORTH A 'THOUSAND TEARS!' IF WE CAN'T 'LAUGH' TOGETHER.....WE CAN'T COMMUNICATE AT ALL.....

SO! PLEASE JOIN US IN THIS, OUR FIRST EDITION OF 'REBOUND-INTERNATIONAL' AND LET US KNOW WHAT YOU THINK OF OUR NEW WORLD-WIDE TRAMPOLINE AND TUMBLING MAGAZINE!

YOURS IN THE SPORT:

*Bob Hollinger*

# U.S.T.A.



BY RON MUNN & WAYNE MILLER

## NEWS

UNITED STATES TRAMPOLINE & TUMBLING ASSOC.

### THIS YEAR'S RE-CAP



GRAND-NATIONAL 'ALL-AROUND' CHAMPION, ALEXANDRA NICHOLSON TAKES TIME OUT AFTER PRELIMS TO DISCUSS THE U.S.T.A. MEET WITH TEAM-MATES, RONNIE MERRIOTT, DENISE SEAL, CHERYL COOPER, ROBBIE BOLLINGER, AND DIANE GOLDSWORTHY!

We're glad you're patient! Actually, we had hoped to get this issue of U.S.T.A. NEWS out to our many members sooner than this, but we felt that you wouldn't mind waiting a little to receive an ENTIRE MAGAZINE with the U.S.T.A. NEWS as a part of the format.



INTERNATIONALLY KNOWN EQUIPMENT MANUFACTURER GEORGE NISSEN FOLLOWS THE U.S.T.A. GRAND-NATIONAL COMPETITION CLOSELY WITH EDDIE COLE AND RONNIE MUNN.

This, OUR SECOND BIG YEAR, has been a great one! Much has been accomplished by the many officers in the U.S.T.A. Organization to promote our sport to even bigger proportions than was, at first, promised or imagined.

Probably, the TWO BIGGEST STEPS taken by the U.S.T.A. this year was (1) To accept the event of TUMBLING on an equal basis with TRAMPOLINE (We even changed our name to - 'UNITED STATES TRAMPOLINE AND TUMBLING ASSOCIATION) and (2) To promote MINI-TRAMP COMPETITION on a National scale. We are moving forward.....and we are doing so rapidly!



GEORGE NISSEN TAKES TIME OUT AFTER THE COMPETITION TO CONGRATULATE 8 YEAR OLD DIANE GOLDSWORTHY OF ROCKFORD WHO WON THE MIDGET GIRL'S ALL-AROUND TITLE!

TRAMPOLINE, TUMBLING, and MINI-TRAMP are now moving to areas of the United States that before had little, if any organized competition in the past. The State of MASSACHUSETTS is now rapidly growing and showing increased interest in our sport. Results of the recent U.S.T.A. 'Regional' Championships in that State will be forthcoming in the next issue.

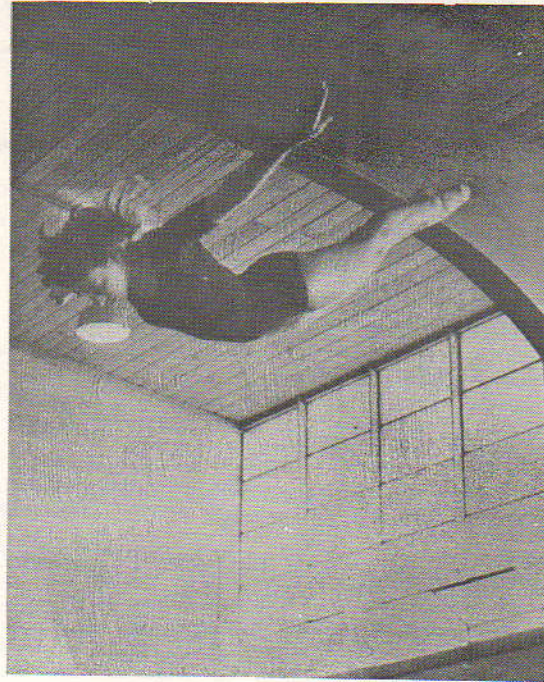
Letters have come into our office from all parts of the United States expressing interest in a wide variety of subjects having to do with our sport. These letters have been answered by your Secretary.

Plans for the future include further development in many geographical areas in the United States that either have, or are planning Tumbling, Trampoline, and Mini-Tramp Programs!

#### U.S.T.A. GRAND-NATIONALS AGE-GROUP COMPETITION WAS A HUGE SUCCESS!

The highlight of this year's activities, of course, was the FIRST 'GRAND-NATIONALS' AGE-GROUP TRAMPOLINE, TUMBLING, AND MINI-TRAMP' CHAMPIONSHIPS which were held at Rockford College in Rockford, Illinois on May 27'th during the Memorial Day Weekend.

This competition under the able direction of BOB BOLLINGER, KEN MARLIN, and JAMES ROZANAS - was, perhaps, the LARGEST competition to ever combine these three events in the entire history of our sport. A total of 326 competitors, representing 19 States competed for ALL-AROUND TROPHIES as well as honors in four different events!



SIXTEEN-YEAR OLD JOY UMENHOFER EXECUTES HER COMPULSORY ROUTINE IN THE FINAL COMPETITION OF THE U.S.T.A. GRAND-NATIONALS. JOY WON THE ELITE WOMAN'S TUMBLING TITLE AND SCORED AN UPSET TRAMPOLINE VICTORY AT THE U.S.A. TEAM TRIALS IN ANN ARBOR MICHIGAN TWO WEEKS LATER BY PLACING THIRD AND CAPTURING A BIRTH ON THE U.S. WOMEN'S TEAM!

FOUR AGE-GROUPS for both BOYS and GIRLS enabled contestants to compete in TRAMPOLINE, TUMBLING, MINI-TRAMP, and SYNCHRONIZED TRAMPOLINE. Three sets of Judges were used and 3 events were run simultaneously.

What amazed everyone was the extreme efficiency in which the competitors were organized and the way the competition in so many Age-Groups and different events progressed. The starting time for Preliminary Competition was 9:30 A.M. By 2:40 P.M. in the afternoon, the Preliminary Competition was concluded in all Age Groups and all events and everyone was given a good rest before the FINALS Competition got underway at 7:00 P.M. in the evening.

The FINALS Competition had an excellent attendance, was most spectacular, and was finished with U.S. ALL-AROUND CHAMPIONS crowned by 9:50 in the evening. Aside for a slight mix up on awards....it was close to a perfect competition! We're looking forward to next year!

# U.S.T.A. news.....

CONTINUED:



## U.S.T.A. 'GRAND-NATIONALS' CHAMPIONSHIP MEET RESULTS 1972

### TRAMPOLINE COMPETITION:

MIDGET BOYS (9 & Under): (1) ATKINSON, (2) SMITH, (3) GILLIAM, (4) GILLIAM, (5) PERNARCHIARRO

MIDGET GIRLS (9 & Under): (1) DAVIS, (2) WILHINS, (2T) McCONNIFF, (4) ELG, (5) NEHLS

JUNIOR BOYS (10-11): (1) SPALLINA, (2T) KINDER, (2T) MCKEE, (4) MURPHY, (5) SEWELL

JUNIOR GIRLS (10-11): (1) ORTMAN, (2) WHEELER, (3) TANSEN, (4) MILLER, (5) JEMIGAN

CLASS A BOYS (12-14): (1) GOODMAN, (2) KUBITSHEK, (3) GANGWISH, (4T) MERRIOTT, (4T) ABLEMAN

CLASS A GIRLS (12-14): (1T) SCHUMACHER, (1T) RYERS, (3) COOK, (4) DIRKS, (5) SCHNEIDER

ELITE MEN (15 & OVER): (1) LEONARD, (2) AUSTIN, (3) MARLETTE, (4) PATTIS, (5) RUST

ELITE WOMAN (15 & OVER): (1) UMENHOFER, (2) DAVIS, (3) LUBU, (4) VAN HOIST, (5) NICHOLSON

### TRAMPOLINE COMPETITION:

MIDGET BOYS (9 & Under): (1) ZEISER, (2) KOBS, (3) SMITH, (4) PERNARCHIARRO, (5) GILLIAM

MIDGET GIRLS (9 & Under): (1) STIEG, (2) THOMPSON, (3) HEATH, (4) MAGNOFTI, (5) COLFORD

JUNIOR BOYS (10-11): (1) BOLLINGER, (2) FOSDICK, (3) RIGGI, (4) KLUCK, (5) CARTER

JUNIOR GIRLS (10 & Under): (1) THOMPSON, (2) NISSEN, (3) WESTBERG, (4) CORBRIDGE, (5) HALL

CLASS A BOYS (12-14): (1) MERRIOTT, (2) DEARBORN, (3) ABLEMAN, (4) STIEG, (5) FREDERICH

CLASS A GIRLS (12-14): (1) JOHNSON, (2) GRANT, (3) PARKS, (4) THOMPSON, (5) EKSTROM

ELITE WOMAN (15 & OVER): (1) NICHOLSON, (2) GRANT, (3) UMENHOFER, (4) STIEG, (5) KOHLHAGEN

ELITE MEN (15 & OVER): (1) EILERTSON, (2) AUSTIN, (3) BUCKHEISTER, (4) LANGENEKERT, (5) FINKE

### MINI-TRAMP COMPETITION:

MIDGET BOYS (9 & Under): (1) KOBS, (2) GILLIAM, (3) PALMER, (4) PERNARCHIARRO, (5) ZAISER

### MINI-TRAMP COMPETITION (Cont).

MIDGET GIRLS (9 & Under): (1) GOLDSWORTHY, (2) GLEASON, (3) GLAD, (4) GLAD, (5) BARNES

JUNIOR BOYS (11-12): (1) BOLLINGER, (2) RIGGI, (3) SEWELL, (4) SPALLINA, (5) FOSDICK

JUNIOR GIRLS (11-12): (1) NISSEN, (2) COOPER, (3) JOHNS, (4) ADAMI, (5) DUFORE

CLASS A BOYS (12-14): (1) MERRIOTT, (2) STINSON, (3) WEATHERLY, (4) SMITH, (5) ABLEMAN

CLASS A GIRLS (12-14): (1) SEAL, (2) UMENHOFER, (3) HENNIG, (4) LINDROTH, (5) PALMER

ELITE MEN (15 & OVER): (1) AUSTIN, (2) LEONARD, (3) BUCKHEISTER, (4) JEHLI, (5) RUST

ELITE WOMAN (15 & OVER): (1) NICHOLSON, (2) UMENHOFER, (3) KOHLHAEGEN, (4) LAUDER, (5) VAN HOLST

## 1972 'ALL-AROUND' CHAMPIONS U.S.T.A.

\*\*\*\*\*

|               |                     |
|---------------|---------------------|
| MIDGET BOYS   | MATT KOBS           |
| MIDGET GIRLS  | DIANE GOLDSWORTHY   |
| JUNIOR BOYS   | ROBBIE BOLLINGER    |
| JUNIOR GIRLS  | CHERYL COOPER       |
| CLASS A BOYS  | RONNIE MERRIOTT     |
| CLASS A GIRLS | DENISE SEAL         |
| ELITE MEN     | CURT AUSTIN         |
| ELITE WOMAN   | ALEXANDRA NICHOLSON |

### SYNCHRONIZED TRAMPOLINE COMPETITION:

MIDGET GIRLS: CHAMPIONS: (GOLDSWORTHY-DAVIDSON)

JUNIOR BOYS: CHAMPIONS: (ZEISER & KLUCK)

JUNIOR GIRLS: CHAMPIONS: (THOMPSON & THOMPSON)

CLASS A MEN: CHAMPIONS: (MERRIOTT & BOLLINGER)

CLASS A GIRLS: CHAMPIONS: (JOHNSON & EKSTROM)

ELITE MEN: CHAMPIONS: (EILERTSON & SARDINA)

ELITE WOMAN: CHAMPIONS: (NICHOLSON & UMENHOFER)





# SAFETY.... ...IS NO ACCIDENT!

BY: DR. HARRY DARLAND & DR. MERIKSTON NICHOLSON

Although we were not in attendance at the International Trampoline Federation's Conference on safety in Teaching, Training, and Competition in London last year, we have talked extensively with delegates from the U. S. and read materials which were presented there. We believe that the conference was a milestone in the history of the sport and valuable in many ways. The most obvious to us being the renewed awareness for trampoline safety that many took for granted and, in doing so, overlook the basics. For example, most trampolinists get right up on the trampoline without any preliminary warmup. This is a natural predisposition to muscle, ligament and tendon injury.

As parents of children who are active in trampolining, we are particularly interested in what is being done on an international scale to promote safety in this sport. It is gratifying to find that serious trampoline accidents on an international scale are minimal. This can only mean that supervision is in general, carefully done.

When we do find serious trampoline accidents it is invariably traced back to a lack of supervision. The rise and fall of the "jump centers" is a good case in point. Customers were left alone to their own whims, making the widespread occurrence of accidents inevitable.

There are thousands of trampolines currently in use in our schools at all levels. The hazards associated with trampoline use are certainly no greater than that of other sports such as football, basketball, baseball, or soccer. Any athletic activity has certain risks inherent in it. The "National Safety Council" stated in a report, Rebound Tumbling, March, 1961, "Rebound tumbling has one of the lowest accident frequencies of physical educational activities at schools." Further perusal of the literature from the International Safety Conference of 1971 show that five serious neurological injuries reported by medical literature showed that all but one of the injuries resulted, from imperfectly executed back

somersaults and three took place in the commercial "jump centers" when they were at their popular peak.

Other accident figures show that most injuries occurred on the bed, while those taking place on the frame of the trampoline or landing on the floor were not as numerous. This knowledge should make those responsible for the administration of trampoline programs alert to the danger areas. Since the advent of the "crash pad", the placement of those items around the trampoline minimized the usage of spotters and lessens or eliminates injuries that may result from landing off the trampoline bed.

Syd Aaron presented a noteworthy approach to safe landings on the bed during the learning of new and difficult skills. His method is to have "crash mat spotters" throw a "crash mat" underneath the performer to ease his landing. The spotters stand by during flight, and at the proper instant, hurl the "crash mat" onto the trampoline. This appears to be the logical progression to overcome the fear of the first time "out of the belt".

Checklists pertaining to athletic safety in general and to trampolining in particular are numerous and can be found in physical education text books quite readily. Most of us are aware of the need for periodic equipment maintenance checks and so forth. The duplication of such a list here is unnecessary. The competent coach and those in charge of trampoline programs will be continuously conscious to see that ----- Safety is no Accident!

"The best defense against accidents is not putting the blame on somebody else but in seeing that there is no blame."

TED BLAKE  
F.I.T. Safety Conference Organizer

# LIFT NEWS



BY-TED BLAKE

LIASION INTERNATIONAL FOR TUMBLING

"HEIMAT", DEAL TREE CORNER, BLACKMORE ROAD,  
BRENTWOOD, ESSEX, ENGLAND. TEL: BLACKMORE (ESSEX) 821-767

## EDITOR'S NOTATION:

As Editor of 'REBOUND-INTERNATIONAL,' I have been priviledged to receive the original copies of TED BLAKE'S monthly newsletter entitled 'LIFT.' Not only will MR. BLAKE'S newsletters be published in this magazine, but the major points brought out in the first issues of 'LIFT' are reprinted in this issue in their original context for the benifit of our many readers.

ROBERT F. BOLLINGER

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FROM: 'LIFT' (May 18, 1972).

## ENTRE - NOUS

\*\*\*\*\*

The FRENCH are a very logical nation! They ask logical questions! They expect logical answers! What logical answers can you give them to these questions about the "INTERNATIONAL" Trampoline Association or F.I.T.?

1. How can this Association call itself "International" when 3 out of the possible 5 votes on the policy-making "Praesidium" are held by WEST GERMANY? Doesn't this make it a 'GERMAN' .....not an "International" Association?
2. How can the F.I.T. be 'democratic' when ONE man, a German, can hold both of the two most important offices.....PRESIDENT & GENERAL SECRETARY? How can it even be efficient, let alone 'democratic'?
3. How can the F.I.T. represent the interests of practicing Trampolinists when these trampolinists have no say in the matter of who is "elected" to the Praesidium or Technical Committee? It is a 'personal' matter.....the F.I.T. says!
4. How can the F.I.T. claim to be "International" when only Germany (61 Million) and tiny Switzerland (6 Million), and Belgium (10 Million) each (Total 77 Million) form the 'controlling' Body, and Great Britain (56 Million) and the United States (207 Million) have only extremely minor authority in a "Technical Committee"...the President of which is also a West German? Oddly enough.....France (51 Million) has no representation on any committee!
5. Are the Russians right when they say the reason they won't join is that the F.I.T. is not an "International".....but a 'West German' organization?
6. What does each member country of the F.I.T. get for the 300 D.M. annual subscription? Not even a news-sheet?
7. Do the member nations, including the B.T.F. know all this, agree with it, and inform the Sports Council of it when they make application for taxpayer's currency to pay the "International Subscription?"

## ODD, I S N ' T I T ?

A copy of this News goes to the Officers of the "International" Trampoline Association. I wonder what their answer will be.....or, indeed, if they have any answer?

# LIFT.....CONTINUED:

ALSO FROM 'LIFT' (May 18, 1972).

## DOES THE "INTERNATIONAL" TECHNICAL COMMITTEE DO ANY GOOD!

I doubt it! Apart from producing rules that nobody has an up-to-date printed copy of, that have to be translated, duplicated and circulated by yours truly; that produce arguments at every competition; encourage ways to get around them; and worst of all, place additional stress on your competitors (already bewildered and nervous at competitions), there is very little to show for eight years!

Now...everybody wants to feel important and to be needed by other people. Now, if there were no rules, there would be no need for any officials at all, they would be out of a job, so they would not be important! But we must have some rules.....right? But if these rules were few and simple, there would be no need for all the officials to "interpret" them, to hold "conferences" in the middle of competitions, to have "arguments" before and after competitions. There would be no need for officials to forget the audience, the competitors, the parents, or the T.V. while they argue a technical point.

By all means, let us have a "TECHNICAL COMMITTEE".....but, let's cut out the 'Nit Picking'.....concentrate on competitor safety, winning public interest, and coaching development!

FROM 'LIFT' (June 1, 1972).

"IS THE F.I.T. GYMNASTICS DOMINATED?"

\*\*\*\*\*

In my last newsletter I inquired whether the F.I.T. could really call itself an "International" Organization: whether it was 'democratic;' whether it was representative, whether it was 'open' or 'personal.' So far, there has been no response to these questions! In the meantime, let's ask the F.I.T. President and General Secretary some further questions about the influence of 'Gymnastics'.....albeit in some cases, a very benevolent influence on the sport of trampolining.

PLEASE TELL US WHETHER OR NOT.....

1. There are more 'Gymnastic' associations in the F.I.T. than there are 'Trampoline' Associations?
2. The 3 countries controlling the possible 5 votes (Germany, 3...Belgium, 1....Switzerland, 1) in the policy-making Praesidium have NO separate Trampoline Association?
3. The BIG FOUR countries (U.S.A., BRITAIN, FRANCE, RUSSIA) plus quite a few smaller countries like SOUTH AFRICA, do have separate Trampoline Associations but have NO representation on the Praesidium and only 'token' representation (by invitation) on the Technical Committee?
4. At the 'Inaugural' meeting of the F.I.T. in 1964, the representation for Great Britain was 'given' to the British Gymnastics Association in preference to the British Trampoline Association?
5. Herr Franz Klemm, former Bundesoberturnwart of the D.T.B. said at an F.I.T. meeting after the 1'st World Trampoline Championships at which, he, as a German was Chairman, and you, as a German, were Secretary, ruled that the 1'st World Trampoline Championship never took place, .....as it was not run on gymnastic-type rules?

# LIFT..... CONTINUED:

FROM 'LIFT' (JUNE 1, 1972) Continued.

6. At the same meeting Herr Klemm affirmed that the next (2nd) World Championships must be called the First (which it wasn't) and that it would be run on Gymnastic type rules (which it wasn't)?
7. The first President of the F.I.T., Rene Schaerer, was in fact a Gymnast who eventually resigned, without completing a full term of office, to become President of the Swiss Gymnastics Association (E.T.V.)?
8. An attempt to form a separate Trampoline Association in Germany has been made but was actively discouraged by the D.T.B. who have now no intention of allowing a separate Trampoline Association to be formed?
9. ALL officers in both the present or any enlarged Praesidium & Technical Committee of the F.I.T. should be held by Trampolinists who are members of separate National Trampoline Associations?

\* \* \* \* \*

## POLAND

Why did the President & General Secretary of the F.I.T. write to Denmark and the B.T.F. forbidding them to take part in the Polish International Match for the reason that Poland would not join the F.I.T.? Why did Denmark think this a very bad reason? Why did the B.T.F. disobey this ruling and go to Poland, and compete under non F.I.T. rules? What will happen now? Will the B.T.F. be excommunicated? Will this provide an excuse to bar PAUL LUCON and other British jumpers from the World Championships? In History invariably the last acts of deposed regimes was to issue commands and instructions nobody took any notice of; Will history repeat itself?

\* \* \* \* \*

## ANOTHER SILLY RULE!

\*\*\*\*\*

Another RULE made by the F.I.T. was that there should only be ONE WORLD TRAMPOLINE CHAMPIONSHIP.....every TWO years! WHO and WHAT could possibly justify such a decision? The effect of this 'RULE' was to halve any 'administrative' work the F.I.T. must do at the price of cutting world competition in half.

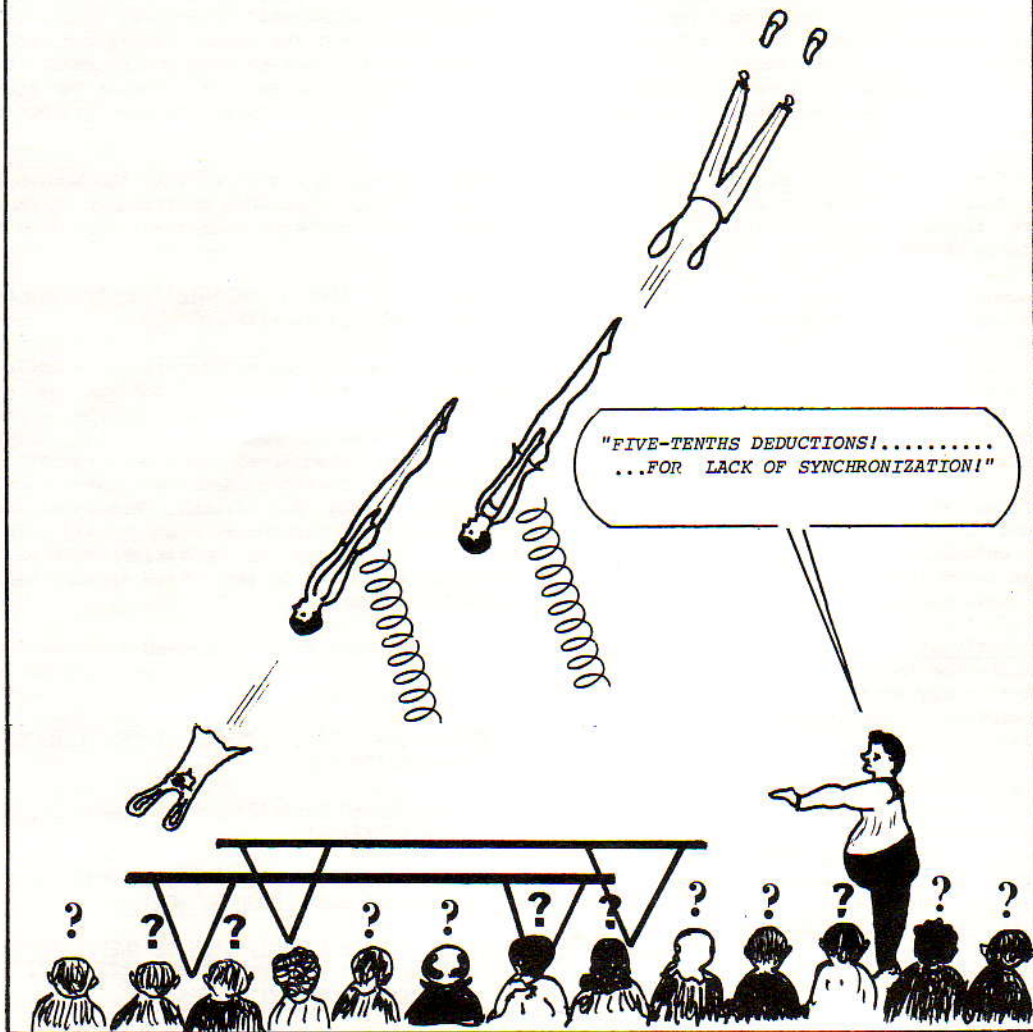
THIS CAN HARDLY BE CALLED....."PROMOTING THE SPORT!" IT WAS JUST ANOTHER SILLY RULE!

# HELP!

## WE NEED....PICTURES

HELP US TO MAKE 'REBOUND-INTERNATIONAL' A TRULY GREAT SPORT MAGAZINE BY SENDING US PHOTOGRAPHS, ARTICLES, NEWS CLIPPINGS, AND INFORMATION ABOUT YOURSELF....YOUR CLUB....AND THE NEWS IN TRAMP, TUMBLING, AND MINI-TRAMP FROM YOUR CORNER OF THE WORLD! WE'LL USE EVERYTHING WE CAN!!!!

THANKS!





# UPS! & DOWNS!

By **BOB BOLLINGER**

## IS THE F.I.T. A "CLOSED" ORGANIZATION?

The extremely leading question stated above, "IS THE F.I.T. A 'CLOSED' ORGANIZATION?" has been asked recently by a man whom I not only have a great personal respect for....but, who, (in my humble opinion), I consider to be one of the most knowledgeable and dedicated authorities on the sport of 'TRAMPOLINING' in the world today!

I speak of none other than MR. TED BLAKE of BRENTWOOD, ESSEX, ENGLAND who must be credited with having first 'introduced' the TRAMPOLINE into England, who successfully organized and conducted the FIRST WORLD-TRAMPOLINE CHAMPIONSHIPS in London in 1964, who has conducted at least two other WORLD-CHAMPIONSHIPS in Great Britain, who conceived the idea and conducted the first 'INTERNATIONAL SAFETY CONFERENCE' for the sport of 'Trampolining,' and who has travelled to virtually every corner of the world promoting the sport of 'Trampolining' for trampolinists!

Those of you who have been privileged to receive and read TED'S recent comments in his newsletter entitled 'LIFT' are certainly aware that he has taken issue with many of the present F.I.T. policies. He has questioned the efficiency of the present organization and he has constructively criticized those areas in its administration that he feels might negatively affect nearly every trampolinist in the world who aspires to compete upon an international basis!

Obviously, the questions posed by TED BLAKE in the recent issues of 'LIFT' have aroused, upset, and angered some of the members of the F.I.T. Executive Body! It should be emphasized however, that MR. BLAKE has not made any direct accusations! Nor....has he made any insinuations that would place a question mark over the 'personal' integrity of any present member of the F.I.T. organization.

What MR. BLAKE has done is to present a series of well thought-out and provocative questions that, perhaps, should have been asked by someone long ago! Quite frankly, I know that many trampoline people throughout the world

would like some straight-forward answers to MR. BLAKE'S major question...."IS THE F.I.T. A 'CLOSED' ORGANIZATION?" Therefore, I say.....  
....."BRAVO TED! for having had 'guts' enough to stand up for your beliefs and be heard, because, in so doing, you have served our sport in the capacity of a concerned and very honest critic!

Which brings us right back to the beginning again.....and to another question to which we should have, perhaps, addressed ourselves to first!

"WHAT IS A 'CLOSED' ORGANIZATION AND HOW CAN IT BE READILY IDENTIFIED?"

The related fields of history and sociology are crammed full of 'wordy' definitions concerning the 'CLOSED' Organization! Plato, Abelard, Machiavelli, Rousseau, Voltaire, Locke, Hegel, Marx, Nietzsche, (and more recently), Karl Popper...have provided the academic world with interesting definitions. Therefore, I do not choose to belabor my readers with a long 'stuffy' chronology of quotations that might only add confusion to that which appears rather self-evident!

A simple, concise, 'condensed synthesis' of definitive thinking in this area might be far more appropriate!

FIVE MAJOR CHARACTERISTICS OF THE 'CLOSED' ORGANIZATION ARE:

1. THE CLOSED ORGANIZATION IS ALWAYS SELF-PERPETUATING!
2. THE CLOSED ORGANIZATION'S EXERCISE OF POWER IS BASED UPON AUTOCRACY!
3. THE CLOSED ORGANIZATION IS INEFFICIENT BECAUSE IT DERIVES ITS PRODUCTIVE RESOURCES FROM LIMITED RESERVES!
4. THE CLOSED ORGANIZATION FAILS TO COMMUNICATE...BECAUSE COMMUNICATION STIMULATES THINKING...THINKING OFTEN GENERATES QUESTIONS...AND QUESTIONS FREQUENTLY

# UPS! & DOWNS! . . . . CONTINUED:

## 4. THREATEN THE AUTOCRATIC SELF-PERPETUATING SCHEME:

## 5. THE CLOSED ORGANIZATION IS DESTINED TO ULTIMATE FAILURE (frequently through a process of REVOLUTION), BECAUSE IT SUPPORTS RIGID MINORITY INTERESTS AND DOES NOT APPEAL TO THE MAJORITY BODY-POLITIK:

With the hope that my generalizations upon the subject are not too broad and that my historical analogies are not too far fetched, I would, for a moment, like to briefly discuss CHARACTERISTIC NO. 5#. I would also like to expand the concept that the ultimate 'future' of the sport of trampolining resides in the absolute necessity to recognize and support only an 'OPEN-TYPE' organization as a world-governing body for the sport internationally.

The FUTURE is of primary concern to all of us. History, indeed, reserves a very small premium on the 'survival - potential' of any state or organization whose political realities attain a 'Machiavellian' character and are based on autocratic principles. History has also demonstrated the futility and vulnerability of any organization who perpetuates the interests of a minority, who fails to coherently communicate with its subjects, whose productivity installments are drawn from limited reserves..... and who, for all practical purposes, remains as a stoic and 'closed' organization!

Affluent 'democratic' Athens became a closed social, political, and cultural unit after her victories in the 'Persian Wars' only to fall victim to Sparta in the civil chaos that followed. Eighteenth-century bureaucratic France suffered the agony of 1789 because she has become a 'closed' organization! Hitler and Mussolini's fascist empires crumbled into oblivion partly because they were 'closed' to Jews and a multitude of other ethnic factions! The best example I can think of, however, occurred right here in Colonial America with the failure and ultimate downfall of the 'Puritan Oligarchy' in Massachusetts Bay Colony. This most 'closed' of all organizations boiled to such a point and so changed the City of Boston that the only thing she 'tries' to ban today..... is an occasional book!

Those members of the F.I.T. who would purport to preserve this organization in its present state must eventually realize that the 'needs' of people ultimately find expression in some form of human energy.....positive or negative...as the circumstances may dictate!

Civilized communities have long voiced their preference for 'gradual evolution' as opposed to 'radical revolution! I can't help but agree with that! So, I'm sure, does MR. BLAKE and a host of others. Some people should be advised, however, that frequently the evolutionary process is far too 'gradual' and, in spite of the fact that the human element often suffers as a result....there are times when 'revolution' unfortunately becomes the only pragmatic vehicle for change and needed reform!

So much then.....for the history of 'closed' organizations, survival-potentials, revolutionary theories and 'radical' alternatives to peaceful evolution! WHAT ABOUT THE PRESENT F.I.T. SITUATION?

### ORIGINAL QUESTION:

"IS THE F.I.T. REALLY A 'CLOSED' ORGANIZATION?"

### MY ANSWER:

"NO!...NOT YET!....But, it could possibly become one unless certain positive modifications in its basic structure are not made!"

### ANOTHER QUESTION:

"SHOULD A 'NEW' ORGANIZATION BE ESTABLISHED TO EITHER COMPETE WITH...OR TAKE THE PLACE OF THE F.I.T.?"

### MY ANSWER:

"DEFINITELY NOT! Such a 'forced' dichotomy and division within the trampoline world would only serve the selfish interests of a small minority and would be of no lasting benefit to the future progress and development of the sport as a whole!

### SEMI-FINAL QUESTION:

"WHAT THEN, MUST THE F.I.T. DO TO PERMANENTLY INSURE ITS SURVIVAL AS AN 'OPEN' ORGANIZATION?"

### MY ANSWER:

1. First, the F.I.T. must seek to expand and develop its facilities for COMMUNICATION! This can be done in a variety of ways....none of them expensive! A MONTHLY NEWS LETTER to the sanctioned national trampoline bodies in each member nation would not only be advisable but would be a most practical and appropriate method of keeping everyone properly informed.

# UPS & DOWNS ....

This magazine also offers FREE OF CHARGE, adequate space for discourse, discussion, or just plain 'news' that the F.I.T. may wish to have published. (See F.I.T. NEWS)

2. The F.I.T. EXECUTIVE BRANCH (consisting of PRESIDENT, VICE-PRESIDENT, SECRETARY, and TREASURER) should be changed in such a way so that in no instance, would any one individual ever suffer the burden of holding more than one office at one time!

Also, It would be advisable to issue a new amendment to the F.I.T. CONSTITUTION specifically stating that "no two individuals from the same nation be allowed to hold executive positions during the same year. The NUMBER of Vice-Presidents could be increased.

3. A third modification that might vastly improve the legislative character of the F.I.T. would be: (1) Expand the size of TECHNICAL COMMITTEE to include ONE voting representative from each member nation and (2) So stipulate that whoever holds the 'National Technical Committee Chairmanship' in the various national sanctioned trampoline bodies be that association's representative to the F.I.T. Technical Committee for that year in which he holds office.
4. The F.I.T. should carefully consider the prospect of extending its patronage to include more 'ACROBATIC' events in its competitive agenda. "Too big a task for the moment?" .... "Nonsense! What has the F.I.T. been doing for the past seven and one-half years? It should be "organized" enough by now to be able to include such fine events as TUMBLING and MINI-TRAMP in its International Competitions!"
5. Lastly....but, certainly not of least importance is the F.I.T.'s moral responsibility to youth. As the World's governing body for the sport of trampoline, it should realize that only through youth-oriented programs will the sport ever experience the growth necessary to become a truly world-wide activity. Rather than ask the question.... "what has the F.I.T. done thus far to promote International AGE-GROUP COMPETITION, the challenge is-"WHAT CAN IT DO IN THIS AREA IN THE FUTURE."

#### FINAL QUESTION:

"WHAT ARE THE REAL CHANCES OF SUCCESS FOR THE F.I.T. IN THE ABOVE-MENTIONED AREAS?"

#### MY ANSWER:

THE CHANCES ARE EXCELLENT BECAUSE..... The F.I.T. is composed of ethical people who all possess a high degree of personal integrity, dedication to the sport, and varying degrees of energy and imagination!

If these most positive attributes can be polarized and inspired with a true spirit of 'international unity,' much can and will be accomplished in the years to come. To borrow some phraseology from former U.S. President JOHN F. KENNEDY...."The Torch of Leadership is passing to a new generation of trampolinists! Tempered by the wisdom of experience and inspired by the knowledge that imagination and innovation are the basic foundations of progress, the glow from their torch will not only reach out to brighten our sport, but can, indeed, illuminate the entire sporting world!"

Therein lies the ultimate strength and power of 'peaceful evolution' as opposed to the many weaknesses inherent in radical alternatives! Which is what all of us REALLY want..... .Don't we?

#### "THE EXTREMISTS"

"DOOMED TO DISMAL FAILURE ARE THOSE WHOSE  
'BAG OF DREAMS'  
CAN ONLY BE REALIZED.....  
BY FOLLOWING EXTREMES!"

"LIBERAL OR CONSERVATIVE....DOES IT MATTER  
WHAT THEY ARE?  
WITHOUT SOME 'FLEXIBILITY'.....  
THEY SOON DRIFT AFAR-"

"TO SOME OBSCURE STERILE WASTELAND  
OF DISCONTENT AND WOE,  
WHERE THE SELFISH SEEDS OF AVARICE  
SOON TAKE ROOT AND GROW!"

"GROPING FOR THE 'ULTIMATE'.....  
THEY WITHER AND THEY DIE-  
ON SOME BARREN LIMB OF TRAGEDY  
'CAUSE 'TRUTH' HAS PASSED THEM BY!"

ROBERT F. BOLLINGER  
JULY, 1972



# HATS OFF! ★

## THE RUSSIANS ARE COMING!

They paid us a visit once before.....those fine RUSSIAN athletes.....and if my recollections are correct.....they were great! Positively great as they brought American crowds to their feet time and time again with an exhibition of OLYMPIC GYMNASTICS...par excellence!

Those that attended their exhibitions will never forget Larissa Latynina on the Balance Beam...Astokova in Floor Exercise, Azariyan on the Still Rings,,...or WORLD'S OLYMPIC MEN'S ALL - AROUND CHAMPION, Boris Shakalin on the Horizontal Bar! But, that was way back in 1960 and the sport was ALL-AROUND GYMNASTICS....not TRAMPOLINE!

Yet...they were interested in the Trampoline .....you could tell that they were as they watched with appreciative admiration the many aerial gyrations in the NISSEN GYM performed by such former Trampoline 'GREATS' as EDDIE COLE, DICK KIMBALL, NANCY K. SMITH, and JUDY WILLS! They all took a turn on the TRAMPOLINE that day and one can only guess that they may have said to themselves..."We'll return to America someday with a TRAMPOLINE TEAM! This is a great sport!...and if the Americans can excel in this....so can we!"

Well...they must have thought in very positive terms about the TRAMPOLINE way back then, because THE RUSSIANS ARE COMING back to America in October of this year....and this time, they're bringing a 'CRACKER-JACK' TRAMPOLINE TEAM!

Thanks to the diplomatic efforts and financial backing of GEORGE P. NISSEN, the RUSSIANS, with the sanction of both the A.A.U. and the U.S.T.A. will be arriving in the United States on OCTOBER 13'TH for a ten-day EXHIBITION and COMPETITION TOUR! The ITINERARY is as follows:

### RUSSIAN TOUR ITINERARY

ARRIVE NEW YORK.....OCTOBER 13'TH  
 CLEVELAND, OHIO.....OCTOBER 14'TH  
 ANN ARBOR, MICHIGAN.....OCTOBER 16'TH  
 CHICAGO, ILLINOIS.....OCTOBER 18'TH  
 ROCKFORD, ILLINOIS.....OCTOBER 20'TH  
 CEDAR RAPIDS, IOWA.....OCTOBER 22'ND  
 DEPART FOR N.Y. AND MOSCOW.....OCTOBER 23'RD

ALL OF US IN THE UNITED STATES WELCOME THE SOVIET TRAMPOLINISTS AND HOPE THEIR STAY WITH US WILL BE BOTH PLEASANT AND MEMORABLE!



RUSSIAN TRAMPOLINE FEDERATION PRESIDENT N. SMIRNOV DISCUSSES THE SPORT WITH ROB WALKER (OF ENGLAND) AT RECENT INTERNATIONAL MEET IN WARSAW.



MEMBERS OF THE 1960 SOVIET OLYMPIC WOMEN'S GYMNASTICS TEAM SHOW BOTH ADMIRATION AND INTEREST IN A TRAMPOLINE DEMONSTRATION AT THE NISSEN GYMNASIUM IN CEDAR RAPIDS, IOWA.

EDITOR'S NOTE: WITH FULL KNOWLEDGE OF THE GREAT DEDICATION TO AND ACHIEVEMENT IN OTHER SPORTS, IT CAN ONLY BE ASSUMED THAT THE SOVIETS ALSO HAVE EXCELLENT TRAMPOLINISTS. IT IS HOPED THAT THEY WILL JOIN THE INTERNATIONAL ORGANIZATION AND JOIN US IN THE FUTURE DEVELOPMENT OF THE GREAT & BEAUTIFUL SPORT OF 'TRAMPOLINING!'

# GREAT BRITAIN'S PAUL LUXON



## "Grand-Master of the Impossible!"

We'll never forget the first time we saw a young fellow from England by the name of PAUL LUXON! It was at the 1970 'NISSEN-ETERNA CUP' TRAMPOLINE CHAMPIONSHIPS in Grenchen, Switzerland. PAUL won the 'warm ups' with one of the most fantastic displays of grace and extremely high difficulty that any of us had ever seen performed before on the trampoline.

PAUL did not win the competition, however! A mis-calculation on an 'impossible' skill half-way through his optional routine caused him to land in the lap of one of the spotters, and subsequently lose the meet!

We saw exactly the same thing happen again last year at the 1971 NISSEN-ETERNA CUP CHAMPIONSHIPS which were also held in Grenchen and we all felt quite badly that such an outstanding performer would have such poor luck in the finals of such an important competition.

But, that was last year and the year before, and after having seen PAUL perform this year during his recent visit to the UNITED STATES, most of us here in America are willing to bet that PAUL LUXON (Great Britain's 'Grand-Master of the Impossible') will not become a 'three-time' loser and let mis-calculation cost him another championship!

PAUL has certainly been instrumental in establishing a new trend in competitive trampolining the world over. In his recent performances in the United States, PAUL proved conclusively that it is possible to execute the 'ultimate' competitive trampoline routine in terms of 'difficulty'...and still maintain top aesthetic form throughout the performance.

After having seen PAUL perform and compete here in the United States, many of us have, of course, been making the usual comparisons between his style of performance and those of the top American men performers. We are also quite aware that the general calibre of competitive performance in both the men's and women's divisions has greatly improved throughout most of Europe and also in South Africa. It is difficult, if not rather foolish for any self-proclaimed 'expert' to try to make predictions on the outcome of the forthcoming WORLD CHAMPIONSHIPS in Stuttgart. We may assume, however, that if PAUL LUXON stays on the trampoline, he will be a tough competitor to beat in the Men's Division!



PAUL LUXON RECEIVING THE 'NISSEN-GRISWALD CUP' AT THE 1972 U.S.T.A. NATIONAL CLINIC IN CEDAR, RAPIDS, IOWA. LARRY GRISWALD AND GEORGE NISSEN ARE ALSO PICTURED.



PAUL RECEIVING TROPHY ON THE VICTORY STAND AFTER CAPTURING 1'ST PLACE AT THE 'INTERNATIONAL MATCH' LAST APRIL IN WARSAW, POLAND. THIS COMPETITION WAS SPONSORED BY THE 'POLISH ACROBATIC FEDERATION.'

There are, of course, some very good reasons for making this assumption. First of all, PAUL has experienced more competition this past year than at any other time during his total Trampoline career. In October of 1971, PAUL, upon the invitation of the UNITED STATES TRAMPOLINE AND TUMBLING ASSOCIATION, attended the SECOND ANNUAL NATIONAL CLINIC in Cedar Rapids, Iowa. His performance at this competition was positively outstanding and he was the unanimous choice of the Clinic Coaching Staff to receive the coveted 'NISSEN-GRISWALD' CUP!

# PAUL LUXON..... CONTINUED:



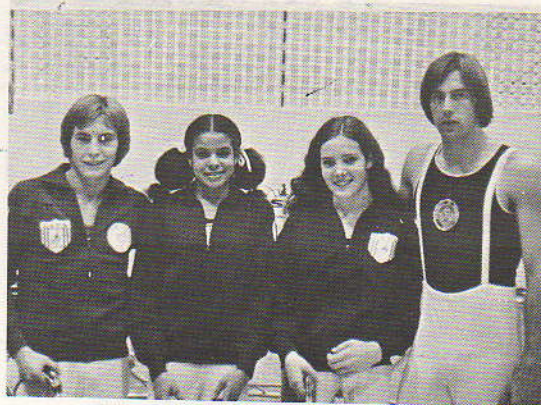
ASIDE FROM BEING ONE OF THE WORLD'S TOP MALE TRAMPOLINISTS, PAUL IS ALSO QUITE POPULAR WITH THE LADIES. PICTURED ABOVE WITH ONE OF THE TOP WOMEN TRAMPOLINISTS FROM BULGARIA.

In February of this year, PAUL competed in the 'WORLD-INVITATIONAL CHAMPIONSHIPS' which were held in Lafayette, Louisiana. Although, PAUL did not win the competition,.....he astounded everyone there with his highly complex difficulty and capped off an impromptu exhibition by executing a perfect 'FULL-TWISTING TRIPLE BACKWARD SOMERSAULT!' (Half-In, Barani-Out Fliffis Out).

After the Louisiana competition, PAUL stayed in the United States and worked out with some of America's top trampoline performers. His Stateside visits included Memphis, Tennessee, Cedar Rapids, Iowa, Rockford, Illinois, Chicago, Illinois, and Cleveland, Ohio. PAUL competed in the 2'ND ANNUAL U.S.T.A. CHAMPIONSHIP Competition in Kirkwood, Ohio and easily captured FIRST PLACE again in the Men's Open Division.

PAUL then returned to England for more practice and training under the excellent coaching of BRIAN MOORE from London. It was about this time that several members of PAUL'S local club purchased a new 'GOLIATH' Trampoline which PAUL had not had access to in his past training. Working under these excellent conditions, PAUL improved even more.

May 5'th and 6'th of this year were important dates for PAUL because he was selected to lead the BRITISH FEDERATION TRAMPOLINE TEAM to an important competition sponsored by the POLISH ACROBATIC FEDERATION in Warsaw. PAUL easily captured a 1'ST PLACE TROPHY in the Men's Open Division in spite of some strong competition from his own team-mates, from Poland, and from Bulgaria.



PAUL POSES FOR PICTURE AT U.S.T.A. NATIONALS WITH TOP AMERICAN WOMEN TRAMPOLINISTS, ALEXANDRA NICHOLSON AND MARILYN STIEG. PICTURED ALSO IS MICHIGAN UNIV. STAR, JIM CARTLEDGE.

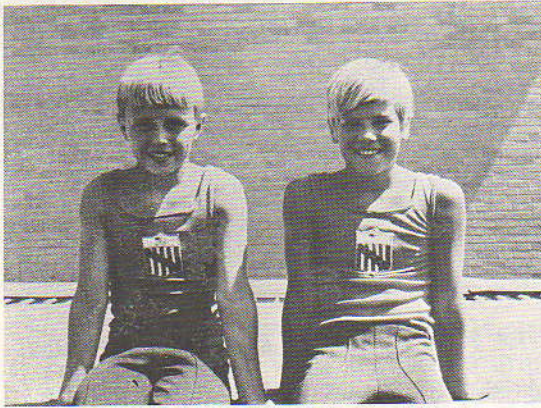
What is it about PAUL LUXON that makes him such an incredible and exciting performer? Why afford him the title: 'GRAND-MASTER OF THE IMPOSSIBLE?' PAUL'S major assets as a Trampoline competitor might be briefly listed as follows:

1. He is able to maintain tremendous height consistently through every skill in his compulsory and optional routines.
2. He is highly original in his aesthetic style of performance in spite of the fact that he has always had great difficulty in acquiring a sharp and well-defined toe point. His aesthetic style even carries over into the most difficult of skills.
3. He is able to combine in a single optional routine ten skills of top difficulty! He utilizes several compound fliffis combinations which is, perhaps, the only way that a competitor can build truly high difficulty. PAUL has successfully executed 10-skill routines in excess of 11.0 in Axial-Rotation Difficulty which has been accomplished by few, if any other trampolinists in the world!

If PAUL LUXON can combine these three tremendous assets in his compulsory and optional routines at the WORLD CHAMPIONSHIPS in Stuttgart this September, his chances of being one of the top three finishers will be excellent!

GOOD LUCK....PAUL! MANY PEOPLE ARE PULLING FOR YOU!

# "ROBBIE AND RONNIE" AMERICA'S AMAZING "Little Guys!"



ROBBIE BOLLINGER & RONNIE MERRIOTT

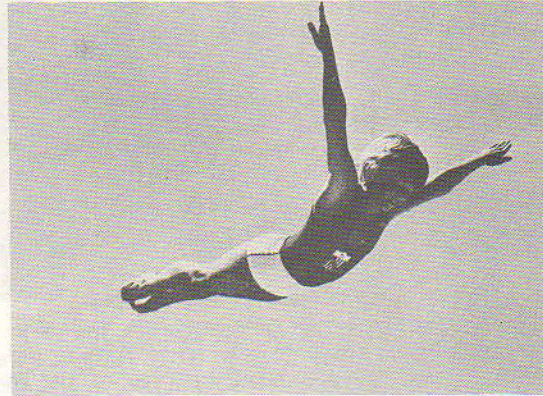
Double-Twisting Double Backs, Rudy-Out Flifflises, Swing-Time Triple Fulls, and 'Randy' Ball-Outs pose no serious problems for the two young trampolinists pictured above! These difficult trampoline skills and many others are just a part of the optional routines regularly performed by Robbie Bollinger and Ronnie Merriott of Rockford's TRAMPOLINE TOWN U.S.A.

In the past two years, these two, high-flying "little guys" have both performed and competed all over the world and have won a grand total of 23 individual United States National Age-Group titles in Trampoline, Tumbling, and Mini-Tramp competition.

If this were not enough, the team of Robbie and Ronnie astounded the entire European Trampoline community last year at the 'International Nissen-Eterna Cup Trampoline Championships in Genchen, Switzerland! Ronnie Merriott who competed for the United States in the Senior Men's Elite Division captured a 4th Place Medal, while younger partner, Robbie won a 4th Place position in the Men's Class A. Many believe that these two boys were the 'youngest' competitors to ever win medals in the Senior Division of any sport in International Competition!

The two boys were also special guests at the 'FIRST INTERNATIONAL SAFETY CONFERENCE' held in London, England last September!

The success of Robbie and Ronnie lies in their training schedule and the fact that they



HIGH-FLYING RONNIE HOLDS 13 NATIONAL  
AGE-GROUP TRAMPOLINE TITLES!

continually practice and work out together. "They're just like a couple of twin brothers!" .....said Trampoline Town coach, Bob Bollinger who is Robbie's dad and coach for both of the boys. "They practice together...play together, swim together....and, yes!...even fight with each other occasionally! "That, plus the fact that they practically 'live' on the trampoline must be the secret of their success! He added, "In fact...they even look like brothers!"

There's never a 'dull' moment when the two "little guys" come bouncing into the gym to begin a daily practice session with team-mates Alexandra Nicholson, Joy Umenhofer, Cindy Kohlhagen, and Denise Seal! That the majority of their team-mates are 'girls' doesn't seem to bother the "Little Guys" as long as the girls keep up with the difficult tricks and share their 'bubble gum' and 'pizza' once a week!

Robbie and Ronnie also spend a considerable amount of practice time on the MINI-TRAMPS and both boys hold Senior and Junior National titles in this new event! Summer-Time will usually find the boys at the local Swim Club where they vie with each other on both the one meter and three meter springboards!

"Springboard Diving plays a great part in the boys' training!", says Coach Bob Bollinger. "Through diving, the boys can learn the style and grace that makes a great trampoline performer! We spend at least 3 hours every afternoon on the diving boards during the summer season.....that is....after they've finished

# AMAZING... "Little Guys!" .... CONTINUED:

their trampoline workouts!"

And, Robbie and Ronnie have not been without a string of successes in springboard diving competition! During the Summer diving season of [197], the "Little Guys" both captured the Midwest Open A.A.U. Titles in one and three meter competition in their age-groups! They also went on to win the Wisconsin Open A.A.U. competition in both events!

Many American Trampoline Coaches feel that the 'dynamic duo' of Robbie and Ronnie have set a new pace for training American trampolinists in this country. There was a time (not so long ago), when a 'Backward Double Somersault' was considered next to impossible for any youngster under twelve years of age! This is no longer the case! Provided with the fast pace set by the 'little guys'...many American youngsters (both boys and girls) under twelve years of age are now successfully and safely executing 'Double Backs,' 'Fliffises', and a variety of other difficult trampoline skills.

Robbie and Ronnie have, though, had two big advantages during their training career that many other aspiring young trampolinists have not had! (1) They've had consistent and constant coaching for the past two years, and (2) They were the first trampoline competitors in the United States to train on the new 1/4" inch nylon trampoline beds!

These new trampoline beds have made a tremendous difference in the boys' overall performance. Difficult skills have been learned safely in far less time and more concentration can be applied to 'aerial awareness' and to 'kinesthetic' development. The reason for this is that the 1/4 inch lightweight beds are ideal for well-coordinated performers under 125 pounds of weight. 'Full-In, Full-Outs' and the 'Half-In, Rudy Out' were learned this season by both of the boys while still eleven years of age. "Records" like this can only be set if the equipment used is absolutely ideal for setting records.

It is most certainly a fact that the 'little guys' have disproved the age-old theory that a person must be a certain 'age' in order to perform top-flight skills and routines in regular trampoline competition. Anyone, with good consistent and well-organized practice schedule, good coaching, and the sincere desire to achieve can execute the more intricate and difficult skills under competitive circumstances.

This is a fact that Rob and Ronnie have proven time and time again in many American competitions when they have had to go up against some of the nation's top college competitors!



PINT-SIZE, ROBBIE BOLLINGER CLAIMS 10 NATIONAL AGE-GROUP TRAMPOLINE TITLES!

Robbie Bollinger is presently performing an 8.5 competitive routine (with good form) at 11 years of age. His partner, Ronnie, who is only three months older, but 10 pounds heavier and somewhat stronger can consistently execute a 9.1 optional routine! What skills can youngsters of this tender age perform to build such high difficulty? The following is a list of trampoline skills that the 'little guys' have learned to execute out of the belt at eleven years of age:

1. DOUBLE BACKS (TUCK & PIKE) IN ROUTINE
2. HALF-IN, HALF-OUT FLIFFES IN ROUTINE
3. RUDY-OUT FLIFFES IN ROUTINE
4. FULL-IN, BARANI-OUT FLIFF. IN ROUTINE
5. HALF-IN, RUDY-OUT FLIFFES IN ROUTINE
6. FULL-IN, FULL-OUT FLIFFES IN ROUTINE
7. RANDOLPH BALL OUTS IN ROUTINE
8. FRONT 2 & 3/4 SOMERSAULT IN ROUTINE
9. TRIPLE FULLS IN ROUTINE
10. MILLER, TRIPLE BACK, & TRIFFLES IN MECHANIC

IF THIS SORT OF THING KEEPS UP....WE MAY HAVE SOME FUTURE WORLD CHAMPS!



# COPP'S COLUMN



By BIL COPP  
National A.A.U. Trampoline  
Chairman:

First of all, I want to congratulate Editor BOB BOLLINGER for his efforts to establish our own medium devoted to Trampoline and Tumbling, "REBOUND-INTERNATIONAL" promises to provide a needed publication devoted to the needs of our sport community throughout the world, and a fine forum for comment and criticism.

As I've said before, we have a sport that is really on the grow. Communications will be the key to our growth in the future and I look forward to an interchange of views and ideas from anyone this magazine reaches. Please let me hear from you.

HOW ABOUT A 'NEW' NAME FOR WHAT WE'RE DOING? With the upsurge of new interest in Tumbling and its adoption as a part of the AAU TRAMPOLINE PROGRAM, we now have frequent competitions featuring both Tramp and Tumbling along with Synchronized events. Just this year, we have also seen Mini-Tramp Competition come into popularity. All of this might be called something other than Trampoline and Tumbling. How about 'Acrobatics,' Competitive Acrobatics,' .....or just plain 'Trumbling?'

The 'Gymnastics' Committee isn't called the Committee for High-Bar, Floor-X, Balance Beam, etc....Rather, they have one name which encompasses many things. This distinction in names has been established for years in Europe where Acrobatics and Gymnastics flourish. In the USSR, for example, Acrobatics includes Trampoline, Tumbling, Synchro-Trampoline and Hand Balancing. Could such an entity work here? Any hand-balancers out there?

\*\*\*\*\*

Without a doubt, the 1972 Trampoline Team to the World Championships in Stuttgart, Germany, is the strongest ever!

Some statistics: Average Difficulty for the top three men in the 1970 World Championships was about 9.43. In the U.S. Trials in Ann Arbor, it was about 9.87. For the women respective figures are about 7.17 and a greatly improved 8.17. Aesthetics are comparable to any

time in the past and the synchronization of both the Men and Women's Teams will be hard to match!

Granted, difficulty carries less weight than last time and even then there's always a LUXON or POPIWIENKO up there matching you with high difficulty with near flawless form! Who will win? All I can say is..."REMEMBER MEMPHIS?"

.....Speaking of difficulty, though, I predict that the U.S. average for men in Stuttgart will be above 10.0 and that for women approaching 9.0!

\*\*\*\*\*

I want to personally welcome NEW ENGLAND into the U.S. Trampoline and Tumbling Community! I made it to the USTA Regionals in Leominster Mass. a couple of weeks ago and had a great time thanks to the efforts of Meet Director Arlen Keith and Clinic Director, Gary Erwin. There were athletes from New York, Ohio, New Jersey, Massachusetts, Rhode Island, Vermont and Connecticut there in the first meet of its type ever held in New England. Cleveland's RAY FIDEL won the OUTSTANDING TRAMPOLINIST award for men and New Jersey's NANCY THURSTON edged her YWCA Champion sister, Barcy, for the women's award. Another former US National YMCA, Champion, MIKE KASAVANA walked off with the Sportsmanship Award. The jumpers and officials alike, were also thrilled by an exhibition of high-level jumping by visiting ALEKANDRA NICHOLSON. The details of places will be published shortly.

While in Massachusetts, I was delighted to see some past trampolinists come out of the woodwork such as the former Michigan State star, DAVE CARMOLLIN and former Michigan great TOM OSTERLAND. They served as judges with Ohio HOLLY COPP, New Jersey's Bob Thurston and... ..you're truly.

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# GOPP'S COLUMN. . . . CONTINUED:



Work on the 'New' TRAMPOLINE HANDBOOK is proceeding, although, more slowly since MIKE DENNISON has left us. There will be two main publications; one, with records and a history of the sport along with a Who's Who in Trampoline and Tumbling. The second will be a practical guide of current rules, guidelines for running meets, safety suggestions, judging, rules, and a current list of qualified and rated instructors and judges in the U.S. Publication time is Late October.

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THE RUSSIANS ARE COMING! Thanks to George NISSEN in cooperation with the AAU Trampoline Committee. Itinerary includes competition with U.S. Teams in Cleveland on Oct. 14, Ann Arbor on Oct. 16, Chicago on Oct. 18, Rockford on Oct. 20, and Cedar Rapids on Oct. 22. There's little doubt that their visit can do for Trampolining what it has done in the past for Track & Field and Gymnastics!

\*\*\*\*\*

A MASTER'S PROGRAM in Trampoline and Tumbling will start very shortly. What is it? It's a chance for all the old-timers to come back and bounce or tumble again regardless of age, profession or paunch. Yes, it's a Trampoline and Tumbling competition for the Senior Citizenry of our sport fully sanctioned by the AAU.

The emphasis will be on getting together again and doing those things that you've loved for years....Trampoline and Tumbling! We don't care if you're a former Champion or not! We know that you're not out to prove that you still do big 'tricks' or even a full routine! This will not be held in conjunction with any current competition!

The age groups will be 25 to 29, 30 to 39, 40 to 49, and 50 & up. Know anyone in these 4 age groups that might be interested? One rule is that no competitor can have competed during the past two years and those who wish to compete, must obtain a readily available AAU MASTER'S membership.

I know this idea may interest many of you... so, we'll publish more on this very soon. Now, if you are interested....drop me a note at....

BIL COPP: NAAU TRAMPOLINE CHAIRMAN  
P.O. BOX 10143#  
CLEVELAND, OHIO. 44110

In summarization, I would like to say that I have been most pleased with the universal response to the new innovations which we are proposing in order to better assist the development of the A.A.U. Trampoline and Tumbling programs. When I first inherited this office, I never realized the tremendous amount of work that has been done in the past and the even greater amount of work that is needed in the future.

The most gratifying aspect of the total picture is the fact that we do have a great many talented and dedicated people who are willing and able to assist in the development of these programs. I have been further pleased by the tremendous efforts expended by the UNITED STATES TRAMPOLINE & TUMBLING ASSOCIATION. U.S.T.A. In many areas, such as Tumbling and Mini-Tramp....they have demonstrated a quality of leadership that has already, and will certainly continue to better serve the interests of our sport nation-wide!

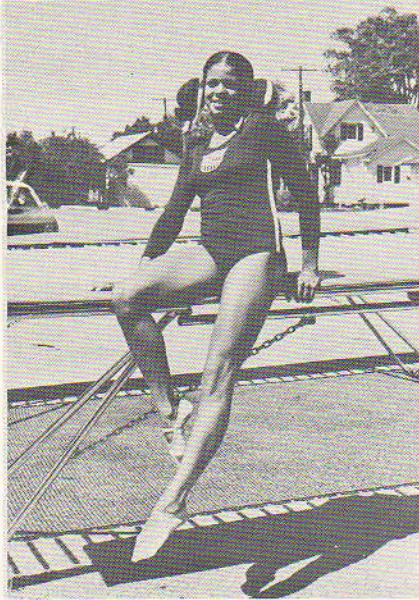
At first, it was thought by some that the A.A.U. Trampoline Program and the U.S.T.A. would be in conflict in certain areas. Fortunately.....this has proven not to be the case! In fact, during this past year, practically, all of the A.A.U. Trampoline Committee Chairmen hold the same office within the U.S.T.A. organization. That these people are dedicated to the support and progress of both organizations, there can be little doubt. The reason being, (as I've often stated before). "IT ISN'T 'ORGANIZATIONS' THAT GET THINGS DONE.....IT'S PEOPLE!"

The total absence of ideological conflicts has been most apparent in the mutual support given by the bulk of Trampoline and Tumbling enthusiasts in both organizations. On behalf of the AMATEUR ATHLETIC UNION OF THE UNITED STATES, I wish to commend and congratulate the U.S.T.A. for having greatly assisted the total growth pattern of Trampoline and Tumbling in the United States.

As Chairman of the National A.A.U. Trampoline Committee, I wish to extend to the UNITED STATES TRAMPOLINE & TUMBLING ASSOCIATION our continued support and encouragement in all of their future efforts to aid the development of our sport in this country!

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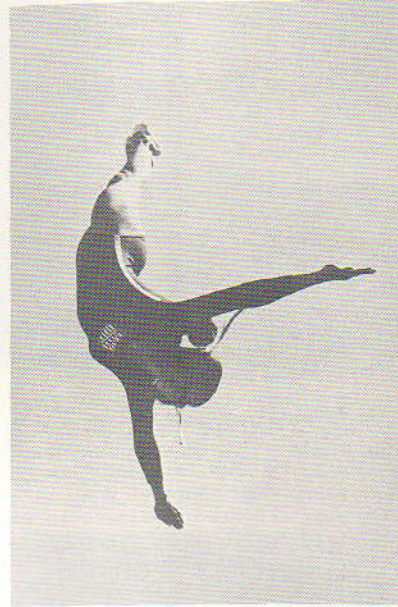
# THE ALEXANDRA NICHOLSON "STORY" LONG ORDEAL OF A CHAMPION!



SENIOR WOMEN'S NATIONAL A.A.U. AND U.S.T.A. TRAMPOLINE CHAMPION, ALEXANDRA NICHOLSON TAKES TIME OUT FOR A REST DURING GRUELING WORK OUT!

ALEXANDRA MAGDALENA NICHOLSON was born in Zurich, Switzerland on March 19, 1957. Her father (a native of Trinidad), was, at that time, conducting a medical research at the University of Zurich where he discovered the process whereby Cancer can be produced in White mice. An understanding of this 'process' greatly aided further research in the medical field and knowledge as to how Cancer is produced in the human body. ALEXANDRA's mother, MRS. ANNIE NICHOLSON is a fashion designer by profession and is a native of Vienna, Austria.

Four months after ALEXANDRA'S birth, the NICHOLSONS entered the United States on a Student Exchange Visa where, for eight years, DR. NICHOLSON served on the staffs of Roswell Memorial Cancer Institute in Buffalo, New York and Georgetown University Hospital in Washington, D.C. In 1965, the NICHOLSONS moved to Rockford, Illinois where the family took up permanent residency and DR. NICHOLSON opened a private medical practice.



ALMOST FLAWLESS 'FORM' IS EVIDENCED IN ALEXANDRA'S WORLD COMPULSORY ROUTINE!

ALEXANDRA NICHOLSON has lived in the United States for 14 & 1/2 of her 15 years. She presently is an all 'A' Honor-Roll student at the Guilford High School where she has just completed her Freshman year.

ALEXANDRA first became interested in 'Gymnastics' and 'Tumbling' while she was a 5<sup>th</sup> grade student at Rockford's Guilford Center School. Her physical education teacher at that time, MISS LYNN LUSBY, felt that ALEXANDRA had great athletic potential and directed her to enroll in Rockford's TRAMPOLINE TOWN U.S.A. gymnastic classes under the direction of Coach BOB BOLLINGER.

With former 'MISS AMERICA of 1969', MISS JUDI ANN FORD as a team-mate, ALEXANDRA was inspired to become a Trampoline Champion. After only six months of training, ALEX'S Coach entered her in the NATIONAL A.A.U. Age-Group Championships in Lafayette, Louisiana. In this .....her first competition, ALEXANDRA won the FIRST PLACE TITLE in the 11-12 Age-Group; defeating the favorite from Lafayette, Louisiana!



# NICHOLSON Story . . . . . CONTINUED:

In the two years that followed her first victory in Louisiana, ALEXANDRA NICHOLSON went on to win several other titles in both Age-Group and Senior Women's 'Open' Competition! In August of 1971, she was selected to represent the State of Illinois as the Official Delegate to the 1971 'MISS BLACK TEEN-AGE AMERICA PAGEANT' in Atlanta, Georgia. ALEXANDRA won the talent portion of this contest with a very exciting 'YANKEE-DOODLE' American Flag waving routine on the trampoline using Barani-Out Cliffes dismounts to the stage! She placed 3<sup>rd</sup> in the over-all competition at this Pageant!

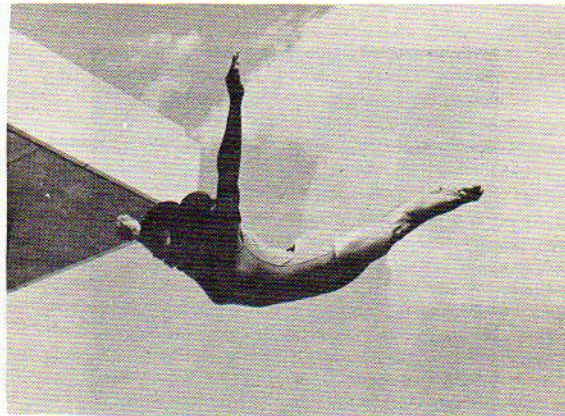
In late August of 1971, ALEXANDRA NICHOLSON competed in the INTERNATIONAL 'NISSEN-ETERNA' CUP TRAMPOLINE CHAMPIONSHIPS held in Grenchen, Switzerland. Next to the official F.I.T. WORLD CHAMPIONSHIPS, the NISSEN-ETERNA CUP competition is, perhaps, the next largest trampoline competition in the world as it involves the majority of European countries. In this competition, ALEXANDRA won 1<sup>ST</sup> PLACE in the ELITE WOMEN'S 'OPEN' DIVISION with the highest single score of any competitor in the meet! In the Fall of 1971, ALEXANDRA NICHOLSON was officially made a member of the 'ALL-AMERICAN' Woman's Team from the United States!

Serious problems, however, began for ALEXANDRA at the 1971 NATIONAL A.A.U. GYMNASTICS CLINIC in Sarasota, Florida! It was discovered by an A.A.U. Official that Alexandra was not a citizen of the United States in spite of the fact that she had lived in America most of her life and had always thought that she was an American! It was discovered that legally, she was a citizen of Trinidad which has no organized Trampoline Association and was not a member of the F.I.T.

ALEXANDRA was 'told' that she would have to become an American citizen in order to compete in sanctioned A.A.U. Trampoline competitions, and that she would, under no circumstances, be allowed to compete for a birth on the UNITED STATES team to the World Championships unless she first obtained American citizenship. The same 'official' who had discovered that she was not a U.S. Citizen also told ALEXANDRA and her Coach that a 'Citizenship Rule' was definitely stated in the F.I.T. Constitution.

A telephone call to the NATIONAL A.A.U. Office in Indianapolis, Indiana, however, did make the point quite clear that, regardless of ALEXANDRA'S citizenship status, she would be allowed to compete in any A.A.U. sanctioned athletic events held in this country!

In January of 1972, ALEXANDRA sent in an Entry Blank to compete in the WORLD INVITATIONAL CHAMPIONSHIPS in Lafayette, Louisiana.



ALTHOUGH, ALEXANDRA HAS LIVED IN THE U.S. FOR ALL BUT 4 MONTHS OF HER LIFE, SHE HAS BEEN A SUBJECT OF CONTROVERSY BECAUSE SHE IS NOT A U.S. CITIZEN!

This entry blank was sent back to ALEXANDRA'S parents the day before the competition by the Meet Director. No explanation was given! It was naturally 'assumed' that ALEXANDRA was not to compete because of her citizenship status at that time. It was discovered later, however . . . that ALEXANDRA could have competed because she had sent her entry blank in well within the time deadline and she held a current and valid A.A.U. Registration Card at the time of the competition!

This unfortunate incident (which was possibly a violation of Civil Liberties) was only the beginning of a long series of harrassments as a result of her wishing to compete in the different A.A.U. Trampoline Competitions and the fact that she was not a citizen of the United States! That there were 'certain' people in the A.A.U. Trampoline Committee that did not want to see ALEXANDRA compete (for various reasons) . . . there could be no doubt!

There were other people, however, both in the A.A.U. and in the United States Congress that did want to see ALEXANDRA compete and be given the same chance to represent the United States in International competition that was readily afforded to others! FIVE of these people were: BIL COPP (Newly appointed NATIONAL A.A.U. TRAMPOLINE CHAIRMAN), MR. JACK KELLY (Newly elected PRESIDENT of the A.A.U.), REPRESENTATIVE JOHN B. ANDERSON of the UNITED STATES HOUSE OF REPRESENTATIVES and SENATORS ADLAI STEVENSON JR. of ILLINOIS and MIKE MANSFIELD of Montana!

# NICHOLSON Story..... CONTINUED:



ALEXANDRA AT AGE 10 WHEN SHE BEGAN HER TRAMPOLINE CAREER WITH COACH BOB BOLLINGER.

CONGRESSMAN JOHN B. ANDERSON, of Illinois took the initiative by introducing a bill into the U.S. House of Representatives that would grant ALEXANDRA NICHOLSON American citizenship in time to compete at the World Tryouts for the United States Team at Ann Arbor, Michigan on June 10. A similar Bill was introduced in the United States Senate by UNITED STATES SENATOR ADLAI STEVENSON JR., also of Illinois.

Meanwhile, newly appointed NATIONAL A.A.U. TRAMPOLINE CHAIRMAN, BIL COPP of Cleveland, Ohio, sent a letter to F.I.T. PRESIDENT, ERICH KINZEL in Germany to get a clarification of a specific citizenship rule. ALEXANDRA'S Coach, BOB BOLLINGER of Rockford and MR. TED BLAKE of Brentwood Essex, England, both maintained that no such 'rule' existed regarding citizenship for competitors in the F.I.T. Constitution and the only mention of 'citizenship' as such had to do with members of the F.I.T. Legislative Congresses. Therefore, no restrictions should be placed on ALEXANDRA and she should be allowed to compete in the U.S. Team Trials at Ann Arbor, Michigan on June 10'th!

TWO major United States Trampoline Competitions took place in the United States during this period when ALEXANDRA and her supporters were awaiting a rule clarification from the F.I.T. and some decision on ALEXANDRA'S citizenship status by the UNITED STATES CONGRESS. These were: (1) THE U.S.T.A. SENIOR 'NATIONAL' CHAMPIONSHIPS for Men and Women in Cleveland, Ohio and (2) THE SENIOR NATIONAL A.A.U.MEET in

Memphis, Tennessee. In these two major UNITED STATES 'National' Competitions, ALEXANDRA convincingly won FIRST PLACE in the SENIOR WOMENS 'OPEN' DIVISION.

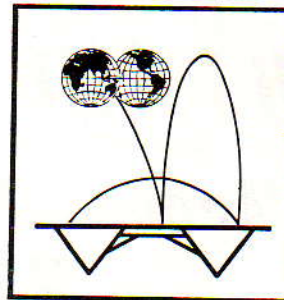
Three days prior to the competition in Ann Arbor, a letter from F.I.T. PRESIDENT, ERICH KINZEL, reached the National A.A.U. Headquarters in Indianapolis, Indiana! KINZEL'S letter specifically stated that BLAKE and BOLLINGER had been right, that there was no existing rule barring a competitor from competing in International competition because of citizenship! In spite of this fact, a vote was taken by the A.A.U. TRAMPOLINE COMMITTEE the night before the U.S. Team Trials in Ann Arbor! The vote was nine to six in favor of ALEXANDRA competing in the World Trials! It is of interest to note that of the six negative votes ...four of them were cast by people who either had daughters or who coached girls that would have to compete against ALEXANDRA for a berth on the U.S. Team! As might be expected, ALEXANDRA NICHOLSON convincingly won FIRST PLACE in the OPEN Division of the U.S.A. Team Trials the following day! The difficulty of her optional routine was 8.9, possibly the highest ever executed in competition by any female trampolinist in the sport's history!

Two weeks following the competition in Ann Arbor, the UNITED STATES SENATE overwhelmingly passed STEVENSON'S Bill to grant ALEXANDRA citizenship. ANDERSON'S bill is still pending!

When one reviews the entire set of conditions under which U.S. National Champion, ALEXANDRA NICHOLSON has had to compete during the past year, it is difficult, indeed, to appreciate the amount of composure and positive attitude that she has been able to maintain throughout the whole series of events.

At any rate, ALEXANDRA NICHOLSON has won her battle to represent the United States of America at the World Championship Competition in Stuttgart, Germany! Whether or not she wins in this competition is irrelevant and shouldn't be considered as the real issue. This little fifteen-year old 'Black' girl has suffered a long and trying ordeal! Until recently, she has been a 'CHAMPION.....WITHOUT A COUNTRY!' That she was able to win the two major NATIONAL titles in the United States and maintain herself with dignity and humility is only to her credit. Thanks to the efforts and energies of a dedicated few, she will now go to Stuttgart as the NUMBER ONE American female trampoline competitor.....proud of her race, proud of her heritage, proud of her ability, and prouder still of the great nation she represents!

# F.I.T. REPORT!



\* INTERNATIONAL TRAMPOLINE ASSOCIATION \*

\* INTERNATIONALER TRAMPOLIN VERBAND \* FEDERATION INTERNATIONALE DE TRAMPOLIN \*

DEAR MEMBERS OF THE F.I.T. EXECUTIVE COMMITTEE:

Please be advised that this page in 'REBOUND-INTERNATIONAL' is YOURS! We know that it is extremely difficult for any International Organization such as the F.I.T. to be able to all-of-a sudden come up with an international publication or newsletter that will serve as a vehicle for communication on a world-wide basis.

We know that you do desire to communicate and are planing on doing so as soon as some centrally-located clearing house for news and information can be established.

PLEASE LET US HELP YOU! "REBOUND-INTERNATIONAL" gladly offers you ONE..TWO..THREE...or even FOUR pages to express your views, publish whatever information YOU feel is important and relevant to the growth of our sport. We do not ask that you rely on 'REBOUND-INTERNATIONAL' as the sole medium of communication for the F.I.T. This would be unfair to us....also unfair to you!

BUT WE DO WANT TO HELP! All we ask is that you regularly submit whatever information you would like to have published for each issues (EIGHT ISSUES) this first year.....and we promise to publish what you send us in its entirety.

In closing, may I state that MANY of us here in America are grateful and indebted to F.I.T. PRESIDENT ERICH KINZEL'S recent letter to the National AAU Office which clarified ALEXANDRA NICHOLSON'S eligibility to compete in the 7'TH WORLD TRAMPOLINE CHAMPIONSHIPS this September in Stuttgart, Germany.

We will all be looking forward to seeing you and the other fine people in the F.I.T. In the meantime.....PLEASE...USE THIS PAGE!

OUR NEXT ISSUE GOES TO PRESS BEFORE SEPTEMBER 15'TH!

MOST CORDIALLY YOURS:

*Bob Bollinger*

BOB BOLLINGER  
EDITOR: 'REBOUND-INTERNATIONAL' INC.

# ON THE REBOUND!

## "Around-The-World" NEWS BRIEFS!



### THE UNITED STATES

Trampoline competition in the United States reached an all-time high this year with the selection of the U.S. World Team to the Seventh WORLD TRAMPOLINE CHAMPIONSHIPS in Stuttgart, Germany this coming September.

The 'WORLD-TRIAL' Competition was held under the direction of DR. NEWT LOKEN at Crisler Arena in Ann Arbor, Michigan on June 10'th. Over 50 of the nation's top trampoline performers vied for positions on the United States Team.

The MEN'S competition saw a furious and hard fought battle between U.S.L.'s GARY SMITH, the University of Michigan's GEORGE HUNTZICKER and CHRIS EILERTSON of Whitehaven Presbyterians Church in Memphis, Tennessee. GARY SMITH'S perfect execution of a 'FULL-IN, RUDY-OUT-FLIFFES as a dismount skill helped him to win a FIRST PLACE POSITION with scores for his optional exercise in the high 9's!

MR. CHRIS EILERTSON, who has amazed everyone this year with his high difficulty and excellent form managed a SECOND PLACE birth on the U.S. Team. Michigan's GEORGE HUNTZICKER..... always a strong contender in any World competition edged out an extremely strong field of top-level performers to make a THIRD PLACE position.

In the WOMEN'S competition, a hard fought battle took place in the Preliminaries between two Rockford girls, ALEXANDRA NICHOLSON and MARILYN STIEG. Their scores were tied at the end of the Preliminary competition with another Rockford girl, JOY UMENHOFER upsetting favored MARIE McDONALD of Lafayette, Louisiana by placing THIRD.

In the FINALS competition, ALEXANDRA NICHOLSON'S superior difficulty and excellent form put her well ahead of MARILYN STIEG for a 1'ST PLACE position on the WOMAN'S TEAM! MISS STIEG easily captured SECOND PLACE and again....MISS JOY UMENHOFER pulled the upset of the evening by holding on to THIRD POSITION over MARIE McDONALD by 25 one hundredths of a point!



MEMBERS OF THE UNITED STATES TEAM AND THE COACHING STAFF TO THE 7'TH WORLD CHAMPIONSHIPS IN STUTTART WEST GERMANY POSE FOR A PICTURE AT THE OFFICIAL U.S.A. TEAM TRIALS AT ANN ARBOR, MICHIGAN.

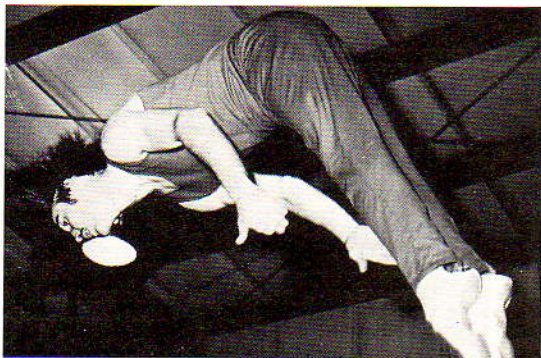
In the MEN'S SYNCHRONIZED competition, the WORLD CHAMPIONSHIP TEAM of GARY SMITH and DON WATERS captured 1'ST PLACE against Rockford's two 11-year old sensations, ROBBIE BOLLINGER-RONNIE MERRIOTT!

In the WOMEN'S SYNCHRONIZED competition, the Team of MARILYN STIEG and BOBBIE GRANT from Springfield, Illinois defeated the NATIONAL A.A.U. CHAMPIONSHIP Team of MARIE McDONALD and LEIGH HENNESSY to win a FIRST PLACE birth on the United States Women's Synchronized Team.

JUDITH ANN FORD (MISS AMERICA OF 1969) and a former U.S. Trampoline great was appointed as the WOMEN'S OFFICIAL CHAPERONE to the WORLD CHAMPIONSHIP meet in Stuttgart. The votes were then counted for the 1972 'U.S. COACH OF THE YEAR AWARD' & it turned out to be a three-way tie between DR. NEWT LOKEN of the University of Michigan, MR. JEFF HENNESSY of the University of Southwestern Louisiana, and BOB BOLLINGER of Trampoline Town U.S.A. in Rockford, Illinois.

OFFICIAL COACHES for the United States Team to Stuttgart were: NEWT LOKEN, JEFF HENNESSY, and JIMMY YOUNGE for Men and BOB BOLLINGER, WAYNE MILLER, and JERRY CLARK for Women.

# "ON THE REBOUND!" . . . . CONTINUED:



GARY SMITH OF LAFAYETTE, LOUISIANA IS AMERICA'S NO. 1 CONTENDER IN THE MEN'S DIVISION!

## THE UNITED STATES (Continued):

On the whole, the U.S. Team Trials at Ann Arbor were an extremely well-conducted Competition that saw, perhaps, the highest level of competitive performance ever seen in the United States! The MEN and WOMEN'S Teams selected will be, without any question, the strongest team this country has ever sent to a World Championship competition!

## GREAT BRITAIN

ALPINE EVEREST has purchased a Goliath Trampoline to enable PAUL LUXON, the British Trampoline Champion better training facilities!

Combining their general interest in sports with an awareness that PAUL LUXON lacks suitable training equipment, the Directors felt that assistance in this direction could give him an even better opportunity to compete. . . . in Stuttgart!

## AUSTRALIA

DENNIS HORNE reports that the SOUTH AUSTRALIAN TRAMPOLINE ASSOCIATION is going great guns! They have imported Goliaths and Twisting Belts from England. BILLY POPIWENKO, the young Australian who has beaten PAUL LUXON in the States, is going all out to try and beat PAUL in the World! BILLY is reported to be increasing his difficulty from 9.6 to 10.5 in order to get closer to PAUL'S 10.8 or 10.0. Should be a real battle in Stuttgart!

## CZECHOSLOVAKIA

Has just started importing Goliath Trampolines and are interested in exchange visits and competition. Anyone interested?

## BULGARIA

Knows the sport! Has some English apparatus! Has some useful performers. Would make a delightful country to visit for demonstrations, competitions, and holidaying on the Black Sea Coast.

## YUGOSLAVIA

Regularly purchases Goliaths. Your Correspondent will, at the invitation of the UNESCO body - The International Council for Sport & Physical Education, present a paper on the economic aspects of Sport in Tourism at the International Symposium in Zagreb organized by the Yugoslav Tourist Board next November. Some Trampolinists and Tumblers may like to go with him for some Coaching, demos, or just the "Slivovitz." Let me know if you're interested! BOB WALKER & PAT WINKLE... Do you remember the car with the Tramp on top rolling backwards down the 1 in 4 gradient in the Wurzen Pass last time we were there?

TED BLAKE

## SWEDEN

Just heard that they may resume Trampolining again after a report, commissioned by the Swedish Association after an accident has been presented and considered. Up to this fatality they have never had any accidents so far!

## ARGENTINA

They were given a Goliath to start them off! There is an import ban but already they are forming an Argentine Trampoline Federation.

## VENEZUELA

IRWIN KRISCH is the driving force in Caracas. They have a Trampoline Federation and six more Goliath Trampolines are being sent them.

## INTERNATIONAL MATCH...BEIRUT?

There is an offer to stage an International Match and Demonstration in Beirut this October. We have suggested this be put off until maybe April or early May 1973. BEIRUT is the 'Gateway' to the East! A fascinating city, a paradox of ancient and modern, a mixture of oriental and occidental, a superb Mediterranean tourist resort, and TONY AJRAM has already organized TWO competitions there!

TRAMPOLINE IS GROWING WORLD-WIDE! SO IS TUMBLING! MORE ON BOTH NEXT TIME!

# FROM OUT .....OF THE PAST!



BY: "FATHER TIME!"



OFTEN CONSIDERED THE "BEAU BRUMMEL" OF THE TRAMPOLINE, FORMER PAN-AMERICAN AND N.A.A.U. CHAMPION RON MUNN MODELS A BATLEY & YATES SUIT OF LONDON!



JUMPING FOR JOY ABOUT "100 YEARS AGO" WERE TRAMPOLINE GREATS, EDDIE COLE, GEORGE NISSEN, AND FRANK LADUE!



LOOK WHO'S BACK!

YOU GUESSED IT! IT'S NON OTHER THAN JUDI FORD, (MISS AMERICA OF 1969) WHO BOUNCED BACK INTO THE TRAMPOLINE SPOTLIGHT WITH HER RECENT APPOINTMENT AS "GIRL'S ADULT CHAPERONE" FOR THE UNITED STATES WOMEN'S TEAM TO THE WORLD TRAMPOLINE CHAMPIONSHIPS IN STUTTGART, GERMANY!



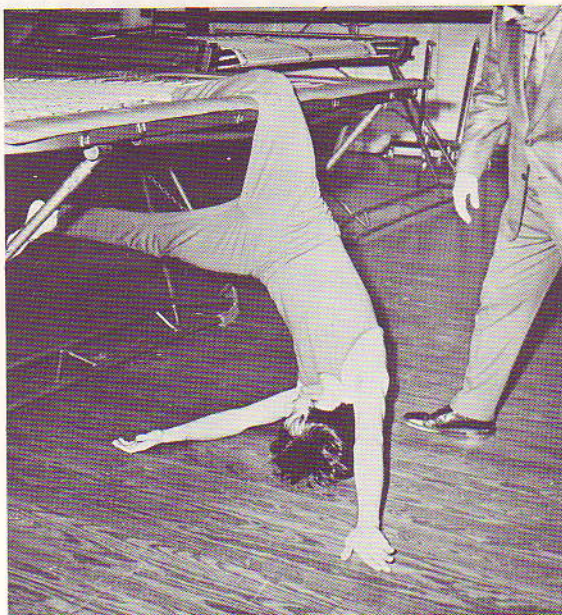
BELIEVE IT OR NOT.....THE 'VEHICLE' WITH THE TRAMPOLINE PICTURED ABOVE IS NONE OTHER THAN FOR N.C.A.A. TRAMPOLINE CHAMP EDDIE COLE'S OLD 'ASSEMBLY SCHOOL' RIG! GAS-POWERED VEHICLES (SUCH AS THE ABOVE) WERE NOT AT ALL UNCOMMON DURING THE 'JAZZ AGE' OF TRAMPOLINING! THE LATE 1950's!

.....IS THE CAR STILL RUNNING, EDDIE?

# FROM OUT of the PAST!..... CONTINUED:

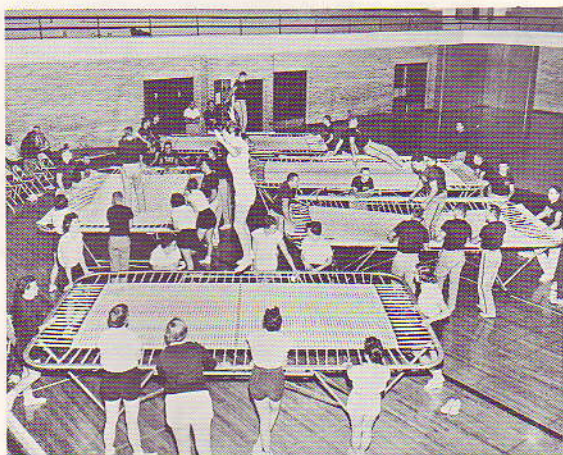


THE FIRST U.S. NATIONAL A.A.U. TRAMPOLINE CHAMPION FOR WOMEN (1960) ALSO HOLDS MORE NATIONAL A.A.U. 'TUMBLING' TITLES THAN ANY OTHER WOMAN IN HISTORY! TEN NATIONAL CHAMPIONSHIPS! 1950 - 1960 YOU GUESSED IT! BARBARA JEAN GALLEHER OF DALLAS, TEXAS! LET'S HEAR FROM YOU.....BARB!

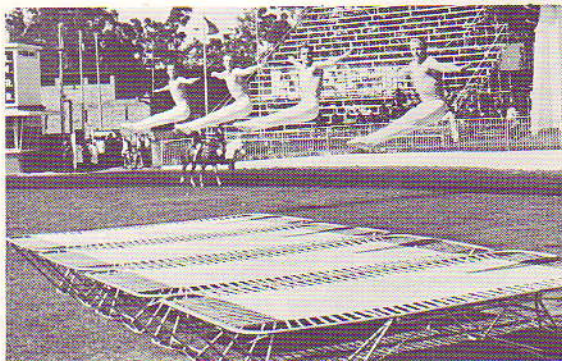


"NICE TRY....GARY! TRY THAT TRICK ONCE MORE AND THIS TIME.....I'LL SPOT YOU MORE CLOSELY!"

P.S. NATIONAL A.A.U. CHAMP GARY SMITH OF U.S.L. IS COACHED BY JEFF HENNESSY! HE NOT ONLY SUCCESSFULLY EXECUTES A 'CAJUN' (2-1/2 TWISTING DOUBLE FRONT....BUT CAN PERFORM IT BEAUTIFULLY AS A DISMOUNT SKILL IN HIS OPTIONAL ROUTINE!



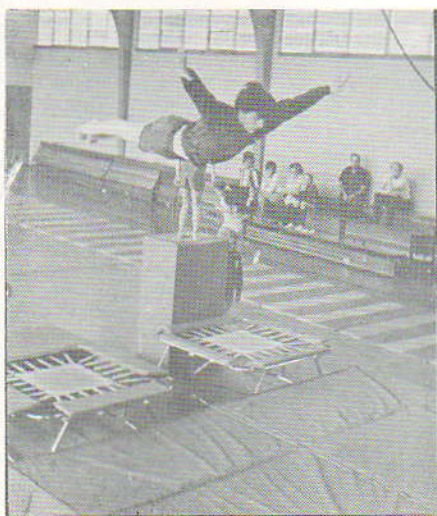
THANKS TO THE EFFORTS OF MEN LIKE TED BLAKE, ROB WALKER, PAT WINKLE, SYD AARON, BRIAN MOORE, AND JACK KELLEY, TRAMPOLINE CLINICS IN ENGLAND HAVE ENABLED TRAMPOLINE TO DEVELOP AND GROW IN THE BRITISH ISLES!



FORMER TRAMPOLINE GREATS SUCH AS: CLARKSON, MUNN, COLE and BATES HELPED INTRODUCE THE SPORT OF TRAMPOLINE INTO SOUTH AFRICA IN THE MID 1950'S! SINCE THEN, THE SPORT HAS GROWN TO SUCH PROPORTIONS THAT THE SOUTH AFRICANS ARE ONE OF THE LEADING NATIONS IN THE WORLD FOR PRODUCING TOP LEVEL PERFORMERS!

# ORGANIZED "MINI-TRAMP" COMPETITION! (dream or reality?)

BY - KEN MARLIN & LARRY BESTMANN



17-YEAR OLD BLAIR ADAMI HITS A 'FLYING' FRONT SOMERSAULT OFF STANDARD MINI-TRAMP EQUIPMENT!

Through the efforts of a small, but dedicated group of people, the UNITED STATES TRAMPOLINE & TUMBLING ASSOCIATION has made great strides during its first year of operation. The addition of TUMBLING, as an event of 'equal importance' to TRAMPOLINE has been one of the outstanding achievements of the U.S.T.A. during its first year! DO WE NEED...or could we use a 'THIRD DIMENSION' to our fast growing sports of TRAMPOLINE and TUMBLING and, if so, what should that 'THIRD' dimension be?

We are all familiar with that amazing piece of equipment called the 'MINI-TRAMP' and most tumblers and trampolinists have used it for one thing or another in the gym, at the beach, or in the back yard. Highly portable and inexpensive.. the MINI-TRAMP is one of the most 'fun' pieces of equipment in the whole broad field of acrobatics!

Most of us that are involved in TRAMPOLINING also enjoy watching and doing SPRINGBOARD DIVING! It's an exciting sporting event and has a great amount of spectator appeal. Properly used, the MINI-TRAMP combines elements of all three activities...TRAMPOLINE, TUMBLING, AND DIVING!



'NATIONAL CHAMPS' RON MERRIOTT & ROBBIE BOLLINGER EXECUTE THE 'REVERSE' SOMERSAULT AT U.S.T.A. GRAND-NATIONAL CHAMPIONSHIPS!

## HOW ABOUT 'MINI-TRAMP' COMPETITION THEN AS A 'THIRD DIMENSION' TO OUR ALREADY FAST GROWING SPORT?

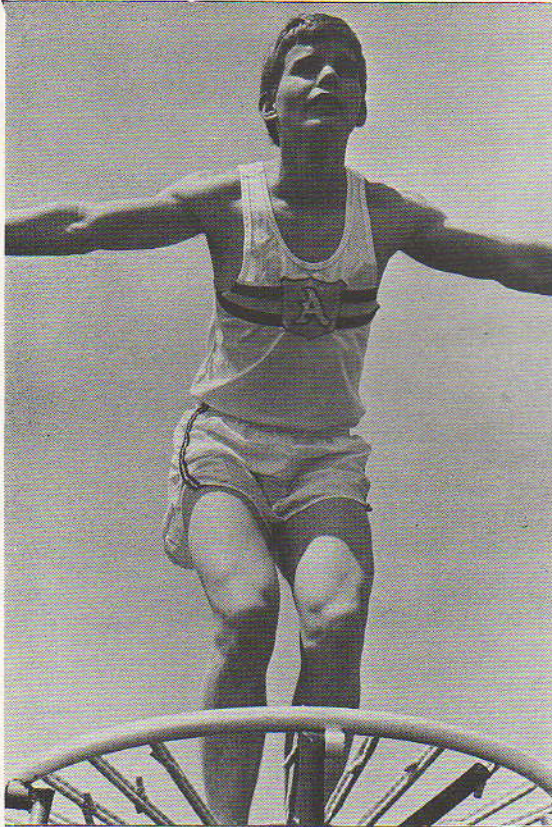
For the past year, a considerable amount of research and thoughtful experimentation has been undertaken by BOB BOLLINGER'S 'TRAMPOLINE TOWN U.S.A.' group in Rockford, Illinois. COMPETITIVE Mini-Tramp equipment was designed, with SAFETY and VERSATILITY as primary considerations. A TABLE OF DIFFICULTY for MINI-TRAMP SKILLS was devised, based on the 'AXIAL ROTATION' SYSTEM for Trampoline, trial competitions were held, and many new teaching techniques were explored and developed.

Quick to latch on to the MINI-TRAMP idea for competition were BIL COPP'S TEAM from Cleveland, Ohio, JOHN EMRY'S GROUP from Indianapolis Indiana, WAYNE MILLER'S TRAMPOLINE CLUB...from Cedar Rapids, Iowa, and JIMMY YOUNGE'S TEAM from Memphis, Tennessee.

As a matter of fact, THREE MAJOR U.S.T.A sponsored 'NATIONAL CHAMPIONSHIPS' with MINI-TRAMP competition have already been held this year in the United States! In each case, there was a high level of performance and a very, very large number of eager competitors!



# Mini-Tramp Competition . . . . . CONTINUED



ALTHOUGH, ORGANIZED MINI-TRAMP COMPETITION IS STILL NON-EXISTENT IN THE STATE OF CALIFORNIA, ANAHEIM HIGH-SCHOOL ALL-AROUND GYMNAST DANA BARR USES THE MINI-TRAMP FREQUENTLY TO LEARN NEW AND DIFFICULT SKILLS FOR FLOOR-EXERCISE COMPETITION!

There was a total of SIXTY-THREE competitors in MINI-TRAMP competition at the NATIONAL GYM-NASTICS CLINIC in Sarasota, Florida during the 1971-1972 Christmas Season! This was the first truly 'NATIONAL' competition with a Junior and Senior Division for both Men and Women.

In January of this year, MINI-TRAMP competition was introduced at the 'GREAT LAKES' INTERNATIONAL U.S.T.A. CHAMPIONSHIPS in Cleveland, Ohio. Over 80 male and female competitors were represented in this competition!

At the U.S.T.A. 'GRAND-NATIONALS' AGE GROUP TRAMPOLINE & TUMBLING CHAMPIONSHIPS held in May at Rockford, Illinois...over 125 competitors in MINI-TRAMP alone vied for honors in four different Age-Group Divisions.

That organized 'MINI-TRAMP' competition is rapidly becoming a reality on the Local, and - 'National' level in the UNITED STATES, there is



'ALL-AROUND' CHAMP DANA BARR OF ANAHEIM H.S. LEARNS THE 'ARABIAN ROLL' OFF THE MINI-TRAMP!

no doubt.....but what about MINI-TRAMP competition in other countries.....does it exist?... and, if so, where?

YOU BET IT DOES! KURT BAECHLER (The man most responsible) for introducing the TRAMPOLINE in Switzerland, has done a great job in organizing both Individual and 'SYNCHRONIZED' MINI-TRAMP competition in that country. Knowing Kurt's vast knowledge of, and great dedication to the sport, it is only logical to assume that if we eventually have WORLD-WIDE MINI-TRAMP competition.....SWITZERLAND can be expected to be a real power in the sport!

Reports are frequent that the Russians (who, incidentally, probably have the finest 'GROUND TUMBLERS' in the world are also strong in MINI-TRAMP! Having seen the RUSSIAN TUMBLERS in... 'action'..this is not at all hard to believe!

ENGLAND has always had top-flight MINI-TRAMP performers and JACK KELLY, (Deputy Manager of the HARLOW SPORTS CENTRE) writes.....

"I remember the great MINI-TRAMP demo IEUAN PARRY'S lads gave at the Swiss Cottage Nationals! Inspired by this and with some bright ideas from former SYD AARON pupil JOHN BEER, the HIGH CLUB is building up a demo-team for the 1972 Harlow Show! Every Sunday morning is devoted to MINI-TRAMP work and our squad is starting to shape up well. The squad consists of 24 whos' ages range from 8 to 28 and they perform mostly simple skills in line stream and criss-cross patterns but there is also an opportunity for the better performers to throw the 'BARANI-OUT' Fliffis and 'RUDOLPHS!'"

And if you think MINI-TRAMP interest is solely restricted to the UNITED STATES, GREAT BRITAIN, EUROPE, and RUSSIA...get a load of this!

# Mini-Tramp Competition..... CONTINUED:

PROFESSOR ERWIN KRISCH (The Father of Trampolining in VENEZUELA), has devised a set of rules and has already conducted a 'NATIONAL' MINI-TRAMP COMPETITION in Caracass, Venezuela- this past year! We understand that the turnout for this competition was fantastic!

How about 'MINI-TRAMP' for the DANCE STUDIOS Tumblers and for High-School and College Cheerleaders? Are you a cheerleader or Dance Studio tumbler that needs a little extra 'lift?' If.. you are.....we would like to suggest that you get in touch with GILMORE T. WILLIAMS of the 'NATIONAL CHEERLEADERS ASSOCIATION' at 11766 VALLENDALE DRIVE, DALLAS, TEXAS., U.S.A. ZIP is: 75230#. Gil can give you some excellent information on how the MINI-TRAMP can be used in many different ways for cheerleading skills. He has just written an excellent little booklet entitled: "MINI-TRAMP FOR CHEERLEADING!" Write him.....you shouldn't be without it!

In summary, let us say that the MINI-TRAMP is very rapidly becoming a popular competitive innovation in many areas throughout the world and in those areas where TRAMPOLINE and TUMBLING... are already well established, it would appear, for all practical purposes, that INTERNATIONAL COMPETITION in this event should be forthcoming very soon!

What will be necessary, of course, is to come up with a 'STANDARDIZED' set of rules and a set of equipment specifications that the majority can agree upon. This is not as impossible as it may sound! Here is truly an exciting and very spectacular 'acrobatic' event that can add a badly needed 'THIRD DIMENSION' to the world of TRAMPOLINE & TUMBLING! Let's get it going!

We should like to commend U.S.T.A. TECHNICAL COMMITTEE CHAIRMAN, BOB BOLLINGER and the other members (BIL COPP, WAYNE MILLER, and JEFF AUSTIN) for devising the Competitive MINI-TRAMP rules and Equipment that is presently being employed in U.S.T.A. Open and Age-Group Competition! A copy of these RULES and EQUIPMENT specifications are provided on the following pages.

.....AND THEN THERE WAS THE GUY THAT SPENT \$5,000.00 TRYING TO GET RID OF HALITOSIS.....JUST TO FIND OUT THAT NOBODY LIKED HIM ANYWAY!



U.S. WORLD-TEAM MEMBER, JOY UMENHOFER PICKS UP A 'BONUS' POINT WITH STRADDLE JUMP APPROACH!



12-YEAR OLD 'NATIONAL CHAMP' RON MERRIOTT IS STARTING SPIN ON 'FORWARD DOUBLE SOMERSAULT!'



11-YEAR OLD 'NATIONAL CHAMP' ROBBIE BOLLINGER EXECUTES A 'SPOTTER' BACK TO RANDOLPH!

U.S.T.A.  
 **MINI-TRAMP**   
**RULES**

COMPETITOR RULES:

1. EACH COMPETITOR WILL PERFORM 1 COMPULSORY AND 4 OPTIONAL SKILLS. THE COMPULSORY SKILL AND TWO OPTIONAL SKILLS WILL BE PERFORMED IN THE PRELIMINARY COMPETITION. THE SIX COMPETITORS WITH THE HIGHEST SCORES WILL ADVANCE TO THE FINALS COMPETITION WHERE THEY WILL PERFORM THE OTHER TWO OPTIONAL SKILLS.
2. IN THE OPTIONAL PERFORMANCE, SKILLS MUST BE SELECTED FROM BOTH GROUPS I AND II.
3. AT LEAST ONE OF THE OPTIONAL SKILLS PERFORMED IN THE PRELIMINARY COMPETITION MUST BE A BACKWARD LEAPING OR BACKWARD ROTATING SKILL.
4. NO REPEAT SKILLS WILL BE ALLOWED.
5. ONLY THOSE SKILLS WHICH INVOLVE A TWO-FOOT LANDING IN A STANDING UPRIGHT POSITION WILL BE ALLOWED IN COMPETITION. (SEE SKILL CHART).
6. A CONTESTANT WILL BE ALLOWED A MAXIMUM 30 FOOT RUN IN HIS APPROACH TO THE HURDLE MINI-TRAMP.
7. THREE ASPECTS WILL BE CONSIDERED BY THE JUDGES IN ASSESSING THE VALUE OF EACH SKILL PERFORMED. THESE ARE:
  - (1) APPROACH, HURDLE, FLIGHT, AND TAKE OFF.....= .2 POINTS
  - (2) AERIAL FLIGHT & AESTHETICS OF SKILL ITSELF.....= .5 POINTS
  - (3) LANDING ON THE CRASH PAD UPON COMPLETION OF SKILL...= .3 POINTS
8. IN ARRIVING AT A TOTAL SCORE FOR EACH SKILL PERFORMED, THE JUDGE WILL MULTIPLY THE AXIAL PROPORTION DIFFICULTY TARIFF OF THAT SKILL TIMES THE AESTHETIC AWARD AS IS DONE IN DIVING.
9. JUDGES WILL DEDUCT BETWEEN .1 AND .2 FROM ANY CONTESTANT WHO FAILS TO ASSUME A 3 SECOND STATIONARY STANDING POSITION UPON THE COMPLETION OF ANY SKILL.
10. THE SAME WEARING APPAREL THAT IS REQUIRED OF MALE AND FEMALE CONTESTANTS IN TRAMPOLINE COMPETITION WILL BE REQUIRED IN MINI-TRAMP COMPETITION.
11. THE COMPULSORY SKILL WHICH IS REQUIRED IN ALL MINI-TRAMP COMPETITIONS WILL BE SELECTED 1 HOUR PRIOR TO EACH COMPETITION BY A DRAW.
12. CONTESTANTS MUST SUBMIT A LIST OF THEIR OPTIONAL SKILLS IN THE ORDER WHICH THEY WISH TO PERFORM THEM 1 HOUR PRIOR TO ANY COMPETITION.
13. TWO STYLES OF APPROACH ARE LEGAL FOR THE EXECUTION OF ANY BACKWARD LEAPING OR BACKWARD ROTATING SKILL. THESE ARE:
  - (A) STATIONARY TAKE OFF  
 A CONTESTANT MAY, AT HIS OR HER OPTION, ASSUME A STANDING POSITION ON THE TAKE OFF MINI-TRAMP AND EXECUTE A BACKWARD LEAPING OR ROTATING SKILL AS IS DONE OFF OF A DIVING BOARD IN THAT SPORT. THE CONTESTANT MAY NOT ALLOW HIS FEET TO LEAVE THE MINI-TRAMP BED PRIOR TO ACTUAL TAKE OFF FOR THE EXECUTION OF THE SKILL. A .2 DEDUCTION WILL BE GIVEN FOR CROW-HOPPING.
  - (B) A COMPETITOR MAY UTILIZE THE FORWARD APPROACH WITH A 1/2 TWIST IN ORDER TO EXECUTE A BACKWARD LEAPING OR BACKWARD ROTATING SKILL.  
 IN USING THIS STYLE OF APPROACH, THE COMPETITOR USES THE NORMAL RUNNING APPROACH IN WHICH HE TAKES OFF OF THE HURDLE MINI IN A FORWARD POSITION. HE THEN EXECUTES A 1/2 TWIST AND LANDS UPON THE TAKE OFF MINI IN POSITION TO EXECUTE A BACKWARD SKILL. A .1 BONUS POINT FOR DIFFICULTY IS AUTOMATICALLY AWARDED TO ANY COMPETITOR WHO USES THIS STYLE OF APPROACH.
  - (C) A COMPETITOR MAY EXECUTE ANY OF THE REVERSE SOMERSAULTS OR REVERSE TWISTING SOMERSAULTS TO SATISFY THE REQUIREMENT FOR EXECUTING A BACKWARD LEAPING OR BACKWARD ROTATING SKILL. ALL REVERSE SOMERSAULTS.

BONUS POINTS

14. A System of BONUS POINTS has been established for THREE unique methods of taking an APPROACH prior to the execution of any skill from the TAKE-OFF MINI.

STRADDLE and TUCK JUMPS from Hurdle Mini to TAKE OFF MINI, a BARANI SOMERSAULT from TAKE OFF MINI to HURDLE MINI, and any 'SPOTTER' BACK SOMERSAULT from the HURDLE MINI warrants a 1,2, and 2 point DIFFICULTY increase respectively!

# MINI-TRAMP TABLE OF DIFFICULTY RATES

## GROUP A: (STRAIGHT SOMERSAULT SKILLS)

| SKILL DESCRIPTION              | DIFFICULTY |
|--------------------------------|------------|
| 1. FRONT TUCK JUMP*            | 2          |
| 2. FRONT STRADDLE JUMP*        | 2          |
| 3. FRONT SOMERSAULT (TUCK)     | 4          |
| 4. FRONT SOMERSAULT (PIKE)     | 5          |
| 5. FLYING FRONT SOMERSAULT     | 5          |
| 6. FRONT SOMERSAULT (LAYOUT)   | 6          |
| 7. FRONT 2 SOMERSAULT (T)      | 8          |
| 8. FRONT 2 SOMERSAULT (P)      | 9          |
| 9. BACKWARD TUCK JUMP*         | 2          |
| 10. BACKWARD STRADDLE JUMP*    | 2          |
| 11. BACKWARD SOMERSAULT (T)    | 4          |
| 12. BACKWARD SOMERSAULT (P)    | 5          |
| 13. FLYING BACKWARD SOMERSAULT | 5          |
| 14. BACKWARD SOMERSAULT (L)    | 5          |
| 15. BACKWARD 2 SOMERSAULT (T)  | 8          |
| 16. BACKWARD 2 SOMERSAULT (P)  | 9          |
| 17. REVERSE SOMERSAULT (T)     | 5          |
| 18. REVERSE SOMERSAULT (P)     | 6          |
| 19. FLYING REVERSE SOMERSAULT  | 6          |
| 20. REVERSE SOMERSAULT (L)     | 6          |
| 21. REVERSE 2 SOMERSAULT (T)   | 9          |
| 22. REVERSE 2 SOMERSAULT (P)   | 10         |
| 23. INWARD SOMERSAULT (T)      | 5          |
| 24. INWARD SOMERSAULT (P)      | 6          |
| 25. FLYING INWARD SOMERSAULT   | 6          |
| 26. INWARD 2 SOMERSAULT (T)    | 9          |

### NOTE!

AS STATED BEFORE, CERTAIN UNIQUE STYLES OF APPROACHES CAN MERIT BONUS POINTS FOR ANY CONTESTANT. THERE ARE 4 SKILLS THAT CAN BE USED IN THE APPROACH TO SCORE 'BONUS' POINTS, BUT THEY CAN ONLY BE USED ONCE IN ANY COMPETITION.

THE DIFFICULTY OF BONUS POINTS WILL BE ADDED ON TO THE SKILL PERFORMED. THEY ARE:

- (1) STRADDLE JUMP HURDLE FROM MINI TO MINI = 1 Additional Point.
- (2) TUCK JUMP HURDLE FROM MINI TO MINI = 1 Additional Point.
- (3) BARANI SOMERSAULT FROM MINI TO MINI = 2 Additional Points.
- (4) SPOTTER BACK SOMERSAULT (TUCK) FROM TAKE OFF MINI BACK TO TAKE OFF MINI = 2 Additional Points.

## GROUP B: (TWISTING SOMERSAULTS)

| SKILL DESCRIPTION                    | DIFFICULTY |
|--------------------------------------|------------|
| 1. FRONT JUMP & 1/2 TWIST*           | 2          |
| 2. FRONT JUMP & 1 TWIST              | 3          |
| 3. FRONT JUMP & 1-1/2 TWISTS         | 4          |
| 4. FRONT JUMP & 2 TWISTS             | 5          |
| 5. FRONT SOMERSAULT & 1/2 TWIST      | 5          |
| 6. FRONT SOMERSAULT & 1 TWIST        | 6          |
| 7. FRONT SOMERSAULT & 1 1/2 TWISTS   | 7          |
| 8. FRONT SOMERSAULT & 2 TWISTS       | 8          |
| 9. FRONT SOMERSAULT & 2-1/2 TWISTS   | 9          |
| 10. FRONT SOMERSAULT & 3 TWISTS      | 10         |
| 1. FRONT 2 SOMERSAULT & 1/2 TWIST    | 9          |
| 2. FRONT 2 SOMERSAULT & 1 TWIST      | 10         |
| 3. FRONT 2 SOMERSAULT & 1-1/2 TWIST  | 11         |
| 4. BACK JUMP & 1/2 TWIST             | 2          |
| 5. BACK JUMP & 1 TWIST               | 3          |
| 6. BACK JUMP & 1-1/2 TWIST           | 4          |
| 7. BACK SOMERSAULT & 1/2 TWIST       | 5          |
| 8. BACK SOMERSAULT & 1 TWIST         | 6          |
| 9. BACK SOMERSAULT & 1 1/2 TWIST     | 7          |
| 10. BACK SOMERSAULT & 2 TWISTS       | 8          |
| 1. BACK SOMERSAULT & 2-1/2 TWISTS    | 9          |
| 2. BACK SOMERSAULT & 3 TWISTS        | 10         |
| 3. BACK 2 SOMERSAULT & 1/2 TWIST     | 9          |
| 4. BACK 2 SOMERSAULT & 1 TWIST       | 11         |
| 5. REVERSE SOMERSAULT & 1/2 TWIST    | 6          |
| 6. REVERSE SOMERSAULT & 1 TWIST      | 7          |
| 7. REVERSE SOMERSAULT & 1-1/2 TWIST  | 8          |
| 8. REVERSE SOMERSAULT & 2 TWISTS     | 9          |
| 9. REVERSE SOMERSAULT & 2-1/2 TWISTS | 10         |
| 10. REVERSE SOMERSAULT & 3 TWISTS    | 11         |
| 1. INWARD SOMERSAULT & 1/2 TWIST     | 6          |
| 2. INWARD SOMERSAULT & 1 TWIST       | 7          |
| 3. INWARD SOMERSAULT & 1-1/2 TWISTS  | 8          |

### EDITOR'S NOTE:

IF ANY OF YOU WOULD LIKE FURTHER INFORMATION CONCERNING MINI-TRAMP DIFFICULTY RATES AND HOW THEY WERE DEvised, PLEASE CONTACT ME IN CARE OF

"REBOUND-INTERNATIONAL"

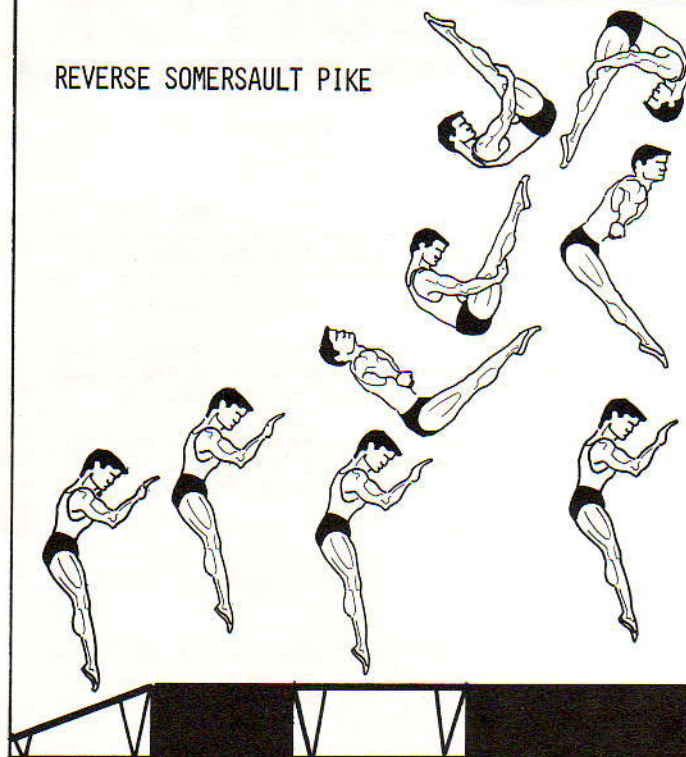
### ANOTHER NOTE!

.....PREVENT KEEP YOUR MOUTH CLEAN!  
TRUTH DECAY!

# MINI-TRAMP

## AMERICAN STYLE!

### REVERSE SOMERSAULT PIKE



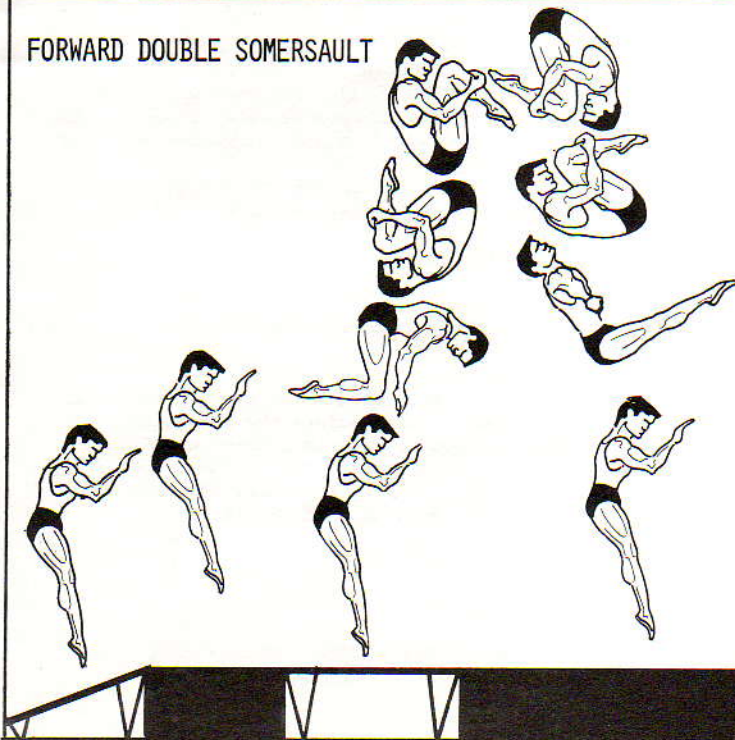
### MINI-TRAMP (AMERICAN STYLE)

This illustration shows how a 'REVERSE SOMERSAULT' in PIKE POSITION can be attained using the DOUBLE REBOUND principle which is used in American Mini-Tramp Competition.

The performer attains a maximum degree of height and balance in his initial hurdle from the inclined Mini over the spacer block to the Take off Mini which is level with the floor.

The fact that the Take Off Mini is level enables a competitor to safely execute all of the two-foot landing REVERSE somersault skills that are seen in SPRINGBOARD DIVING!

### FORWARD DOUBLE SOMERSAULT



### MINI-TRAMP (AMERICAN STYLE)

This same DOUBLE-REBOUND principle is again illustrated here to show how such exciting skills as the FORWARD DOUBLE SOMERSAULT, BARANI-IN, BARANI-OUT, and RUDY-OUT FLIFFISES can be executed with ease by advanced performers.

Of all of the research done on TAKE-OFFS, it was found that the DOUBLE REBOUND principle (using two Mini-Tramps and a Spacer Block) (1) Allowed for the greatest skill versatility, (2) Was the most exciting to watch from the spectator viewpoint and (3) Was by far, the safest method of approach and take-off for all age-group levels.

# LETTERS TO THE ○○○○ EDITOR

Dear Bob:

On behalf of the UNITED STATES TRAMPOLINE & TUMBLING ASSOCIATION (U.S.T.A.), I want to both commend and congratulate you on your new magazine entitled: REBOUND-INTERNATIONAL.

For many years, our sport has suffered by virtue of the fact that there has been no magazine or 'universal' form of communication that served as a voice for our sport.

You have provided both the fine initiative.. and the originality to change this unfortunate situation. With full knowledge of your literary talents and of your life-long dedication and involvement in both Trampolining and Tumbling, we in the U.S.T.A. know that if anybody can put out a world-wide magazine that is interesting, informative, clever, original, and humorous.....it's you!

We all look forward to your FIRST issue. The 'Best of Luck' in this new and challenging enterprise.

Sincerely Yours:

Jeff Austin  
President: U.S.T.A.

Dear Jeff:

Thanks so much for your fine words of encouragement. We'll do everything in our power to make 'REBOUND-INTERNATIONAL' worthy of the truly great sport it represents.

Cordially Yours:

Bob Bollinger

Dear Bob:

I hear that you're planning to put out a magazine on Trampoline and Tumbling. I think that's great!

I've got many old photos and pics of some of the old 'pros' and tumbling greats in our Park District files. Would be glad to let you have anything you could use in your future publications.

Best Regards:

Al Benedict: Chase & Park Professional Trampoline Act. Lake Shore Park,  
Chicago, Illinois.

Dear Al:

It's great to hear from you after so long! Sure..we can use the pics! Anything you have on BEDARD, SULLY, BROWNING, HOLMES, GIAL-LOMBARDO and a host of other truly 'GREAT' Tumblers would be most welcomed. Also..LOKEN!

We also need old 'Routines! It might just... open the young folks eyes a bit to learn what the 'old timers' did on the Tumbling mats!

Anyone ready for a...ROUND OFF-FLIP FLOP, HALF TWISTING BACK STEP OUT-ROUND OFF-FLIP FLOP..... DOUBLE BACK? Anyone but JACK LEONARD..that is?

Best Regards:

Bob

Dear Bob:

I want to commend you on your plans for publishing a new trampoline and tumbling magazine. Your format sounds terrific! A magazine such as 'REBOUND - INTERNATIONAL' cannot help but further the development of our sport both in this country and abroad.

Although the A.A.U. will continue to publish its 'own' Newsletter, we will be most happy to keep you continually informed with material pertaining to trampoline and tumbling that would be pertinent to your different editions.

If we can help in any other way, please do not hesitate to inform me. Good Luck!

Sincerely Yours:

Mike Dennison  
National A.A.U. Sports Administrator

Dear Mike:

Many thanks for your letter of encouragement. I appreciate the commitment on behalf of your office to provide us with useful information pertaining to the A.A.U. Trampoline and Tumbling programs. Rest assured...what you send us WILL be printed!

Cordially Yours:

Bob Bollinger

NOTE: ALL OTHER LETTERS RECEIVED HAVE BEEN  
PERSONALLY ANSWERED.

# WANTED!

## DEAD OR ALIVE!

.....preferably "ALIVE!"

TRAMPOLINISTS AND TUMBLERS TO WORK SCHOOL ASSEMBLY PROGRAMS!  
FOR THE 1972-1973 SCHOOL YEAR!

WRITE TO  
**EDDIE COLE**

PHYSICAL FITNESS INC.,  
2219 KENRICH DRIVE

PHONE: 365-7841  
CEDAR RAPIDS, IOWA.



*America's Foremost School of Acrobatics*



10412 SOUTH ST. LOUIS AVENUE  
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**Limbering Tumbling**

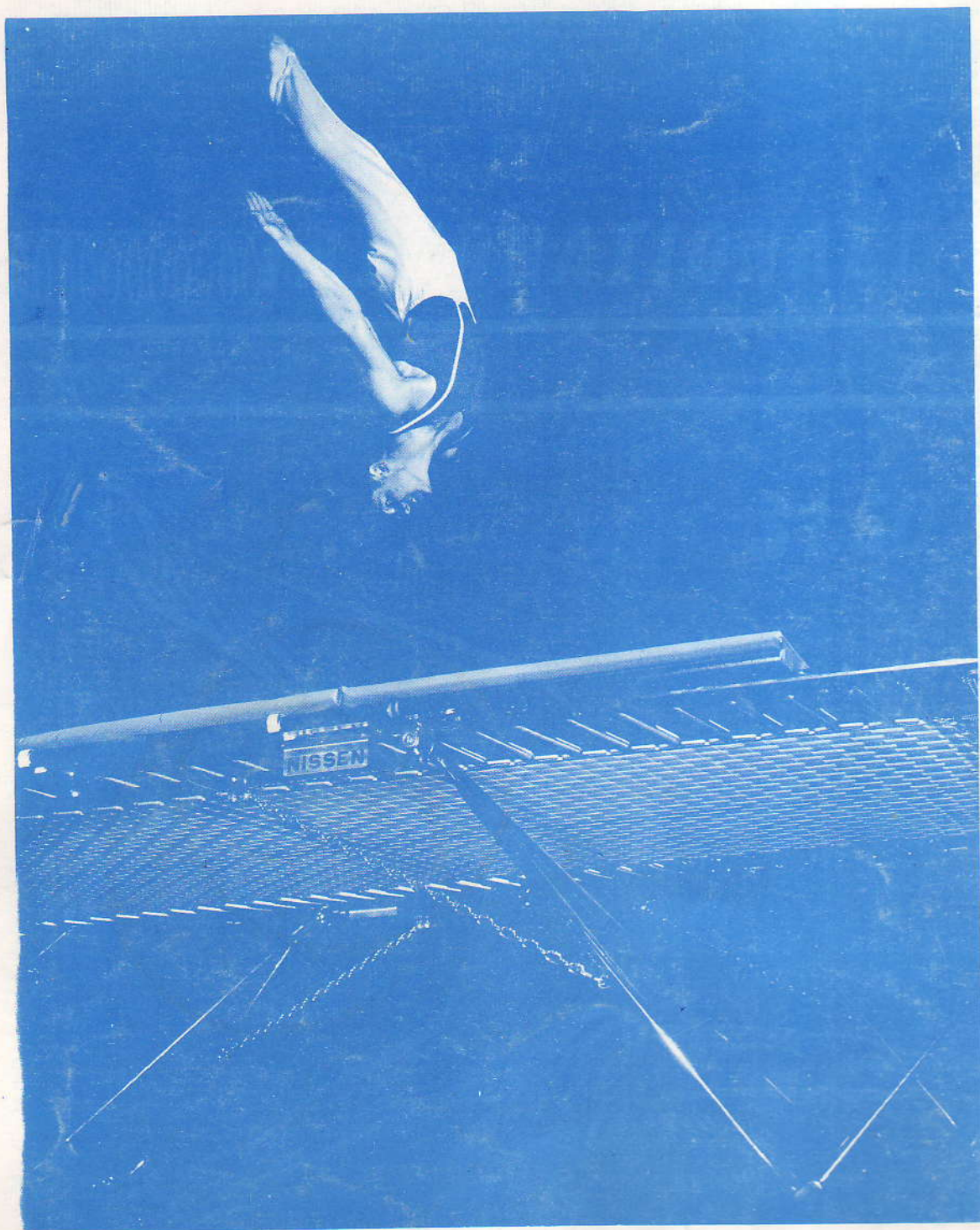
AUTHOR OF  
THEORY AND PRACTICE OF  
ACROBATICS AND TUMBLING



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